

# BIWEEKLY CME FOR MEDICAL OFFICERS AND NURSES TO IMPROVE POINT OF CARE QUALITY FOR MOTHERS AND CHILDREN



Dr. Denyl Avinash Joshua, Dr. Paul P Francis, Dr. Suzie Francis Paul, Dr. Dorothy Mary Joshua, Dr. Borna Das, Dr. Hamedon N, Dr. Pranay Mali

## BACKGROUND & PROBLEM

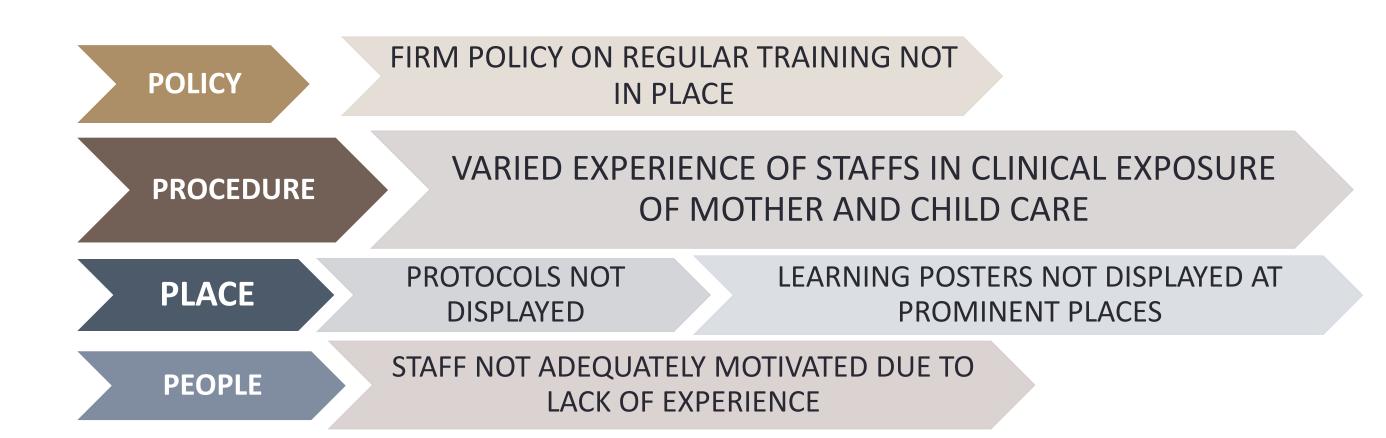
- 1. Evolving medical science demands the importance of lifelong learning for health care professionals. Continuing medical education (CME)/ continuing nursing education (CNE) provides a fundamental basis to facilitate learning and ensures quality patient
- 2. The hospital is recognized by the government as a center of excellence in mother and child care in the Garo Hills region of Meghalaya, India.
- 3. Being a new rural mission hospital, vast majority of the medical officers and nurses have varied experience in mother and child care.
- 4. The work being progressive, demands specialized skill and knowledge which is not met adequately.
- 5. Periodic refresher training/CME is therefore essential for maintaining quality of care.

## AIM

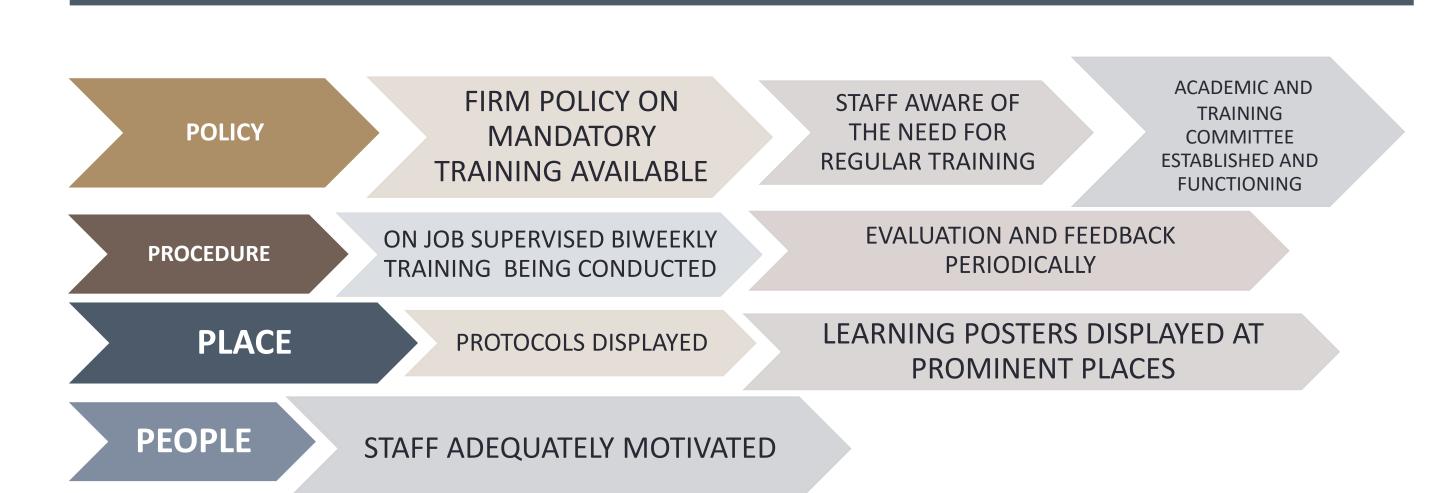
TO IMPROVE THE SKILL AND CAPACITY FOR MEDICAL OFFICERS AND NURSES THROUGH BIWEEKLY CME AND POINT OF CARE SUPERVISION TO IMPROVE PERFORMANCE OVER A PERIOD OF SIX MONTHS

## FLOW MAP OF PRESENT STATE

### Herring-bone (Ishikawa) Analysis of the Problem



## FLOW MAP OF FUTURE STATE



## PLAN DO ACT STUDY CYCLE

#### PLAN

- 1. Organize biweekly CME for doctors and nurses.
- 2. CME to be conducted by specialists to meet the expectation.
- 3. Mock drills to be conducted at
- the point of care.

#### ACT

- 1. Individualized training based on the data of staff.
- 2. Regular feedback on the CME training be done.
- 3. Appreciation given for star performers.
- 4. Skills laboratory to be set up.5. Cascade training to be implemented.

#### DO

1. Pre-test followed by session and post-test assessment be conducted.

2. Each individual be graded by the supervising consultant.3. Onsite training to be conducted.

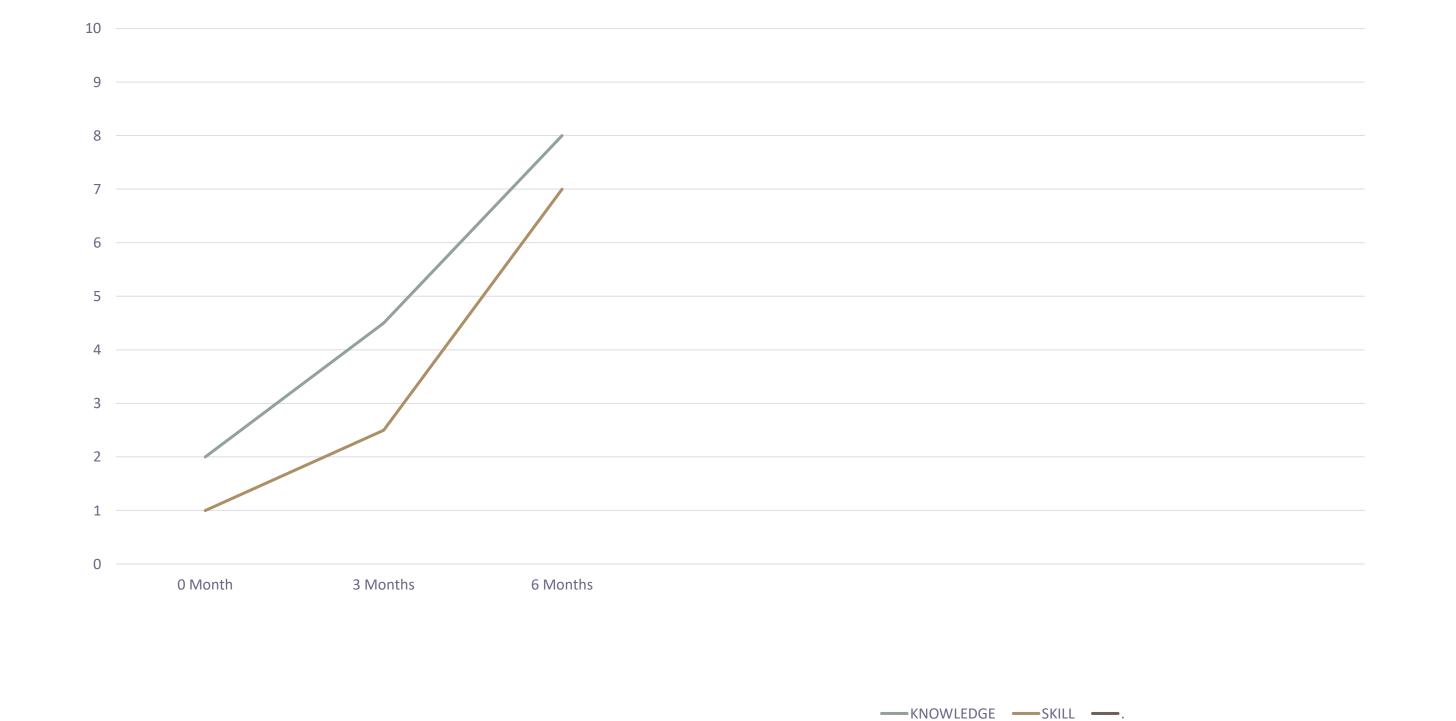
#### STUDY

Knowledge on subject be analyzed based on the data from the pre-test and post-test
Baseline three and six

 Baseline, three and six month assessment for skill and capacity based on OSCE

## DATA

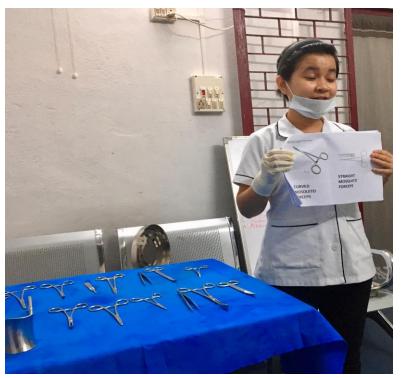
Periodic assessment score over 6 months of knowledge, skill & capacity assessment (baseline, mid term and end of project)



## RESULTS

- 1. Analysis of the data indicates that after conducting biweekly CME over a period of 6 months, the collective knowledge and skill of the doctors and nurses have shown a significant improvement as assessed by the post-test marks and skill gradings based on OSCEs at baseline, at 3 months and at 6 months.
- 2. Indirect positive impact on overall performance and confidence levels of the health care workers.
- 3. Greater patient satisfaction based on patient feedback forms.







## SUMMARY

- 1. The nurses and doctors working join with varied clinical knowledge and skill.
- 2. Biweekly CME based on the need of the hospital, conducted by specialists with a subsequent cascade training has shown to have significant increase in the collective knowledge, skills and capacity of doctors and nurses, thereby improving the overall quality of care.
- 3. Assessment of skills and individualized training of the staff at the point of care by the supervising specialists had a direct impact on the confidence level of the staff resulting in greater patient satisfaction as assessed by patient feedback forms.

## FUTURE STEPS

- 1. To continue biweekly CME for the health care workers in the hospital.
- 2. Establish a skill laboratory for the doctors and nurses of the hospital.
- 3. The learning experience to be expanded with the government hospitals in 5 districts of Garo Hills region of Meghalaya and advocacy visits to be made to implement the same model of learning for the health care workers of the district hospitals.
- 4. Other areas (Emergency Obstetric Care and Critical Paediatric Care) of training can be considered to build the skills and capacity of government institutions in the districts of Garo Hills.