



Empowering Communities Inflicted With Addictions Through Raising Awareness & Enabling Channels To Transform Lives & Fix Broken Homes



BACKGROUND HISTORY

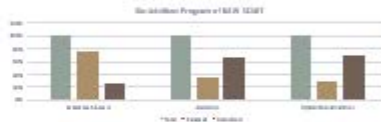
- Mizoram state has seen the rise in alcoholics in 2014 when consumption of alcohol was legalized. In 2018 alcohol was prohibited once again but the rippled effect has caused havoc
- Alcohol and drugs of different forms have become the number 1 threat that is terrorizing the societies, especially the young adults, as reported by Mizoram Social Welfare in 2017
- The census for in patient admitted at AAH 2021-2022 showed >90% are addicts and >80% accounting for alcoholics
- Many patients are frequently re-admitted for the same problem

PLAN FOR A CONTINUOUS CYCLE



THE IMPACT

- NEW START Lifestyle as De-addiction program increased in capacity
- The medical team and hospital staffs were convinced
- AAH is the only hospital that offers NEW START & Lifestyle modification experience as De-addiction program in Mizoram
- Broken families were reunited
- Many alcoholics overcome the desire to continue drinking
- A few drug users turned to God and religion for a new beginning
- People with routine check up eagerly joined the program



AIM

Establish a monitoring & result oriented de-addiction program incorporating NEW START lifestyle

THE CHALLENGE

- De-addiction program wasn't readily welcomed as it is something new
- Funding to implement De-addiction Program, the spacing, and facilities needed for the activities of NEW START & Lifestyle program become a major stumbling block for administrators and directors
- Hospital staffs and medical team needed time to be convinced of the feasibility of the program
- De-addiction program becomes easily dispensable as it takes time to show the true quality of change and the result of NEW START Lifestyle

SUMMARY

- NEW START & Lifestyle program as De-addiction become well known in the whole city of Aizawl. Without the need to advertise in the news paper, people from all over Mizoram state come to undergo the life transforming experience.



DATA

- Alcoholics & substance abuse patients regularly come for detoxification only to return to old habits after discharge
- Patients lack adequate support and further management options in this hospital especially when it comes to de-addiction programs
- Patients do not have a clue about NEW START way of life



THE TRANSITION



MOVING FORWARD

- NEW START Lifestyle Program to expand and impact Mizoram about Adventist lifestyle and its advantages
- Further incorporate EG Whites counsel on diet and health
- Work with churches to set up medical missionary centers

