

LOVE, PEACE & JOY

DMA & GSA Newsletter

FROM THE GC LOMA LINDA OFFICE



"...BY GOD'S GRACE"

Read about how God is blessing one of our missionaries overseas and how those blessings are helping build community p.02

ANNOUNCEMENTS

Learn about recent births, upcoming events, and how you can share your mission story at LLUH. p. 05

HOLIDAY ACTIVITIES

Bring in some holiday cheer and good eats by learning 'The World's Easiest Cinnamon Roles' recipe and doing a Christmas-themed word search p.06, 07

MISSION MESSAGES

We live in and serve a broken world with plenty of troubles and needs. Many events this year were reminders of our current sinful reality, yet this is the season to remind ourselves of the hope we share. Because Christ was born, we know there are better things to come. So much promise and salvation was wrapped in that first Christmas gift in Bethlehem. May this annual reminder of that miracle refresh your spirit. As always, we hope your holiday season is filled with love, peace and joy.

- *Angeli*





..."By God's Grace"

by Jeff Cho, MD

La Loma Luz Adventist Hospital, Belize

One of the great privileges of being a missionary overseas is getting to witness the incredible generosity of our friends and family and see what kind of impact it has on the front lines. At this time, La Loma Luz Adventist Hospital is operating on miracles. Payday after payday comes and there is not enough money in the bank, but somehow our staff gets paid. On one occasion, it was an overdue payment from the government. On another, a special arrangement with the bank. On another, an exceptionally productive day right before payday. One way or another, God works out a way for us to keep our doors open. He wants His light on the hill to keep shining.

One of my favorite things about serving at La Loma Luz Adventist Hospital is getting to pray with the leadership after staff worship Monday through Friday. It's a precious time we get to come together, humble ourselves before God as a team, and seek His will and blessing. We start by reading a short passage from *Medical Ministry* by Ellen White and then we enter the throne room of God together. It is here that I get to hear about many of the miracles that God is performing to keep this place going. After one of these prayer meetings, we were talking about our plans to upgrade our imaging department. At this point, it is impossible for us to do this on our own. We are entirely dependent on help from our brothers and sisters around the world to achieve this dream. And God has been pouring His blessings on our hospital already.

... "By God's Grace" continued

A very generous donation was able to cover the cost of a portable digital X-ray machine from Giving Tree Medical. If any medical missionaries are reading this and you need an X-ray machine like this, I would be happy to connect you with Giving Tree. They are a Christ-centered organization dedicated to sourcing medical equipment that strikes a good balance between quality and cost and can withstand the above-average wear-and-tear often experienced at mission hospitals. One of the amazing things about this X-ray machine setup is that we were able to take it back to Belize with us on the plane, so we were able to save on shipping costs and time. By God's grace, we are not required to pay duty on it, but we still had to pay taxes, which were quite substantial and something we had not budgeted for. But while I was on my way to pick up the X-ray machine from the GHI office, I received a notification from another friend who said he and his wife had just made a donation to us that covered a bulk of the taxes we needed to pay! This was actually their second time donating to us while we were in Belize. Their other gift helped cover the bulk of a costly tractor repair that is essential for keeping our expansive hospital grounds looking beautiful. Yet another blessing came from Loma Linda University Health (LLUH).



LLLAH Xray Developer



Not only did they say they happened to have 3 good quality anesthesia machines that were being phased out, but they went the extra mile to include patient monitors and are trying to even include sevoflurane vaporizers with the machines so that we can give the safest anesthesia possible to our patients! We only have 2 ORs, so the third machine will be heading to another mission hospital that needs it. The list of blessings goes on and on...we were able to remodel our house through an unparalleled show of support from AHI/GHI, made possible by an LLU School of Medicine Class of 1950 fund designated for DMA housing. Another couple of dear friends donated \$20,000 to use for equipment and projects. Our families have been extremely supportive and we are especially grateful for Michelle's parents who have gone above and beyond for us on too many occasions to count.

We were discussing the needs of our imaging department and there are two major pieces that are still missing: a CT scanner and a mammogram machine. We actually have both machines - previous donations, but the CT scanner has not been functional for many years and the mammogram has never worked. I believe this is actually the third donated mammogram that has not worked. We have gathered quotes for both: a CT scanner will cost ~\$200,000 to be tested, crated, packed, shipped, and installed with a budget set aside for taxes and maintenance costs; and a mammogram machine will cost \$40,000. A mission organization with close ties to the hospital has already pledged \$100,000 for the CT scanner.

But we are not sure where the rest of the funds will come from. We talked about applying for a loan to purchase equipment, but with all the blessings that I mentioned earlier in mind, I said, "I don't think we need to take out a loan. I think we could get these through donations!" Then I heard our CFO say quietly, "...by God's grace" and I was instantly reminded that these generous donations and the ones to come do not come to us by any merit of our own. We cannot take credit for them at all and there is no guarantee that they will continue to come.

We were informed that funds for both machines have been pledged already by two different mission organizations! I am blown away by God's grace. I am reminded of Psalm 81:10 "Open your mouth wide, and I will fill it" and that God owns the cattle on a thousand hills! I am overflowing with gratitude and filled with a longing to get to know this God who sees the situation we're in and is blessing exceedingly abundantly above what I ask or think! I knew He would take care of us, but I was prepared to make compromises on the specs of the machines we were considering. I did not expect to see this need filled so quickly and so abundantly! And I did nothing to raise these funds at all! It was all Him - working on the hearts and minds of people and organizations dedicated to furthering His healing ministry. To God be the glory!

My prayer now is that our imaging center, officially named the Sylvan N. Roberts, Jr. Memorial Imaging Centre, may help the light on this hill shine brighter than ever before. We have been blessed by so many marvelous gifts and we know that God blesses us to be a blessing, so I pray that this imaging center can serve this community in a mighty way and that God uses it to draw people to Him. God's hand here is so evident and it is SO exciting to be a part of His work!

Birth Announcements



August Holloway born to Christopher & Davern



Kalani Walker born to Jasmine & Ronald



Caleb Trecartin born to Andrew & Megan

LLUH
Homecoming
2023:
March 2-6, 2023

Global
Healthcare
Conference
2023:
October 12 -15

CURRENT DMAs & GSAs:

Visit Us & Share Your Mission Story
[Accommodations in Loma Linda provided]



What is Provided:

- Two weeks of furnished accommodations, within walking distance of campus
- Wi-Fi access

In Exchange For:

- Public Relations activity (video, recording, etc. or
- Event Speaker (MIG vespers, Oak Glen Fellowship

Contact the GC Loma Linda Office to coordinate at least one month before visit by calling 909-558-4563 or email gc@llu.edu

World's Easiest Cinnamon Rolls



Ingredients:

Dough

- 3 Tbsp vegan butter
- 1 packet instant yeast
- 1 Tbsp organic cane sugar
- 1 cup unsweetened plain almond milk
- 1/4 tsp salt
- 3 cups unbleached all-purpose flour

Filling

- 3 Tbsp vegan butter
- 1/4 cane sugar
- 1/2 - 1 Tbsp ground cinnamon

Topping

- 2 Tbsp vegan butter

Icing *optional*

- Simple powered sugar glaze

Instructions

Dough

1. In a large saucepan (or in a bowl in the microwave at 30-second increments), heat the almond milk and vegan butter until warm and melted
2. Remove from heat and let cool to 110 degrees F (43 C)
3. Transfer mixture to a large mixing bowl and sprinkle on yeast. Let activate for 10 minutes. Then add 1 Tbsp sugar and the salt and stir
4. Next add in flour 1/2 cup (68 g) at a time, stirring as you go (you may not add it all). The dough will be sticky. When it is too thick to stir, transfer to a lightly floured surface and knead for a minute or so until it forms a loose ball (be careful not to overmix). Rinse your mixing bowl out, coat it with avocado or olive oil, and add your dough ball back in. Cover with plastic wrap and set in a warm place to rise for about 1 hour, or until doubled in size

Filling

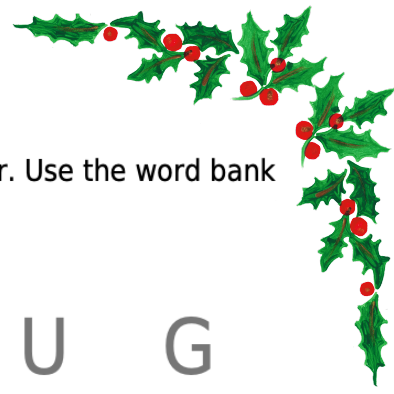
1. On a lightly floured surface, roll out the dough into a thin rectangle (the thickness of the dough should be about 1/4-inch). Brush with melted vegan butter and top with sugar and desired amount of cinnamon.
2. Starting at one end, tightly roll up the dough and situate seam side down. Then with a serrated knife or a string of floss, cut the dough into 1.5 – 2 inch sections and position in a well-buttered 8×8-inch square or comparable sized round pan (you should have about 10 rolls as original recipe is written). If preparing the cinnamon rolls the night before, stop here, cover the pan, and refrigerate overnight, then proceed with the next step in the morning.

Topping

1. Brush with vegan butter (melted) and cover with plastic wrap. Set on top of the oven to let rise again while you preheat oven to 350 degrees F (176 C).
2. Once the oven is hot, bake rolls for 25-30 minutes or until slightly golden brown. Let cool for a few minutes and then serve immediately.
3. Optional: Frost with a simple mixture of 1 cup (112 g) organic powdered sugar and 1-2 Tbsp (15-30 ml) almond milk.

*Recipe by minimalistbaker

Christmas Word Search



Words can be found in any direction (including diagonals) and can overlap each other. Use the word bank below.

X	G	H	E	H	K	R	P	U	G
L	Q	H	D	R	S	T	A	R	F
E	H	M	I	R	C	H	E	E	R
G	Y	I	T	Y	Z	M	M	A	A
H	E	R	E	M	N	A	T	N	H
J	K	A	L	J	W	N	A	G	T
Z	N	C	U	E	Y	G	C	E	R
G	O	L	Y	S	U	E	P	L	I
U	D	E	T	U	A	R	N	S	B
I	C	W	P	S	U	L	X	I	P

Word Bank

- | | | | |
|----------|-------------|------------|----------|
| 1. jesus | 2. cheer | 3. donkey | 4. angel |
| 5. myrrh | 6. yuletide | 7. miracle | 8. star |
| 9. birth | 10. manger | | |

