

The background features a dark blue gradient with faint, light blue circular patterns and a scale. The scale is a semi-circular arc with tick marks and numbers ranging from 150 to 260. The circular patterns consist of concentric circles and dashed lines, some with arrows indicating direction.

# CULTURAL HUMILITY

## IMPLICATIONS ON HOW WE ENGAGE PATIENTS AND COMMUNITIES

GLOBAL CONVERSATIONS (BETWEEN ICP & GHI)

JUAN CARLOS BELLIARD, PHD, MPH

INSTITUTE FOR COMMUNITY PARTNERSHIPS

# OBJECTIVES

- Define cultural humility and how it can be applied to our work
- Explain how cultural humility can enhance patient and healthcare provider relationships
- Differentiate between cultural competency and cultural humility

# CULTURAL COMPETENCE

“Cultural competence in health care describes the ability of systems to provide care to patients with diverse values, beliefs and behaviors, including tailoring delivery to meet patients’ social, cultural, and linguistic needs.”  
(Betancourt, et al., 2002).

# CULTURAL HUMILITY

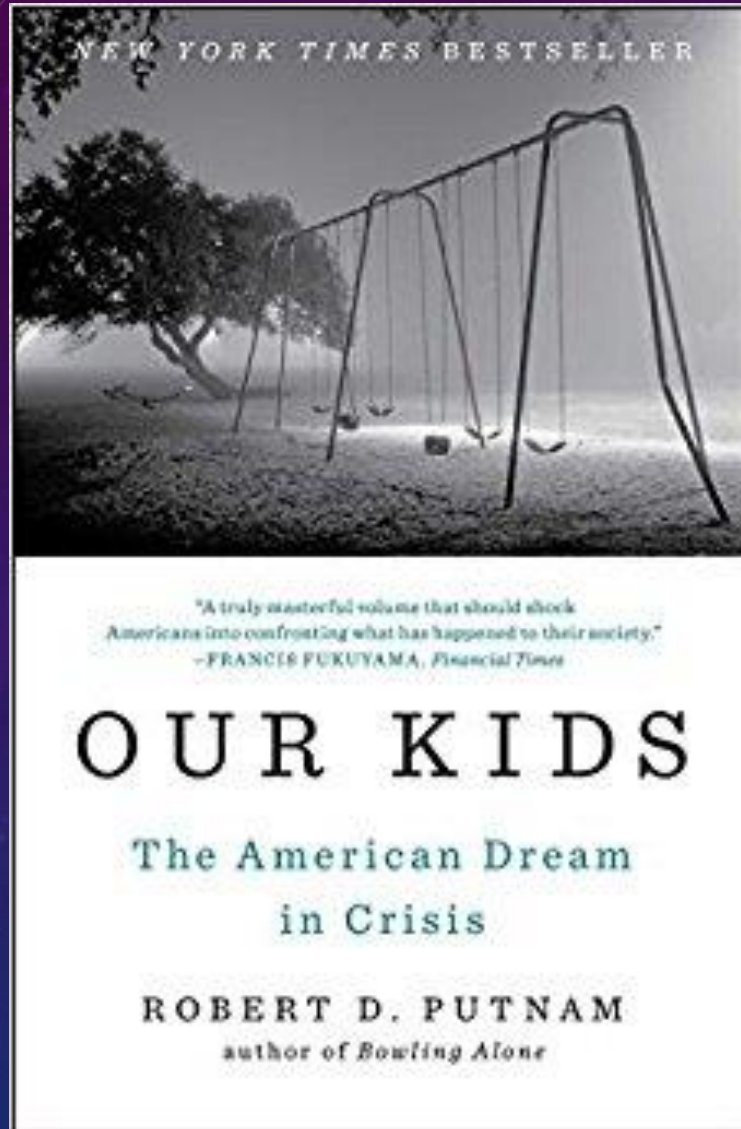
- “To practice cultural humility is to maintain a willingness to **suspend** what you know, or what you think you know, about a person based on generalizations about their culture. Rather, what you learn about your clients’ culture stems from being open to *what they themselves have determined is their personal expression of their heritage and culture.*” (Craig Moncho)
- “The ability to maintain an interpersonal stance that is **other-oriented** in relation to aspects of cultural identity that are most important to the person.” (Hook, et al, 2013)
- Cultural humility is best defined **not by a discrete endpoint** but as a commitment and active engagement in a lifelong process that individuals enter into on an ongoing basis with patients, communities, colleagues, and with.” (Tervalon & Murray-Garcia).

# ELEMENTS OF CULTURAL HUMILITY

- **lifelong commitment to self-evaluation and self-critique**
- **desire to address power imbalances**
- **develop partnerships with people and groups who advocate for others**

(Tervalon & Murray-Garcia, 1998).





Justice will only exist where those not affected by  
injustice are filled with the same indignation as  
those offended -Plato

# LLU VALUES

- JUSTICE
- **HUMILITY**
- COMPASSION
- INTEGRITY
- EXCELLENCE
- FREEDOM
- SELF-CONTROL/PURITY

# THE DANGER OF A SINGLE STORY



- [https://www.ted.com/talks/chimamanda\\_adichie\\_the\\_danger\\_of\\_a\\_single\\_story/transcript](https://www.ted.com/talks/chimamanda_adichie_the_danger_of_a_single_story/transcript)

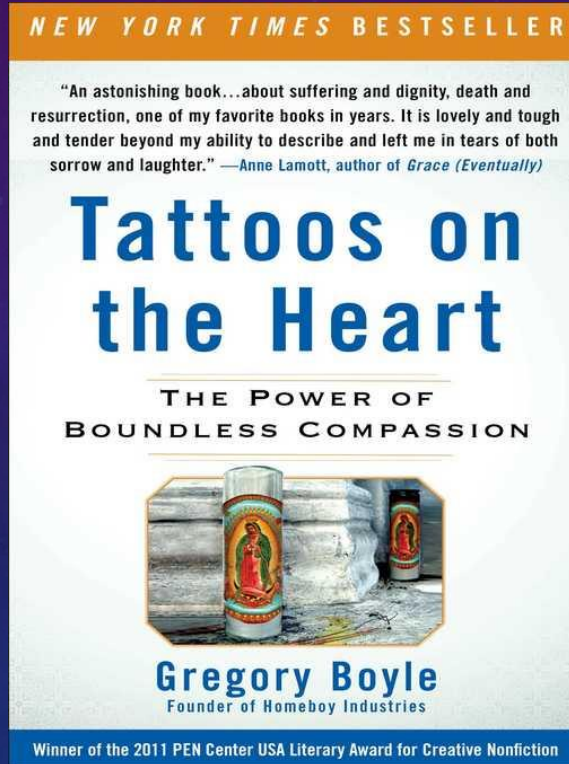


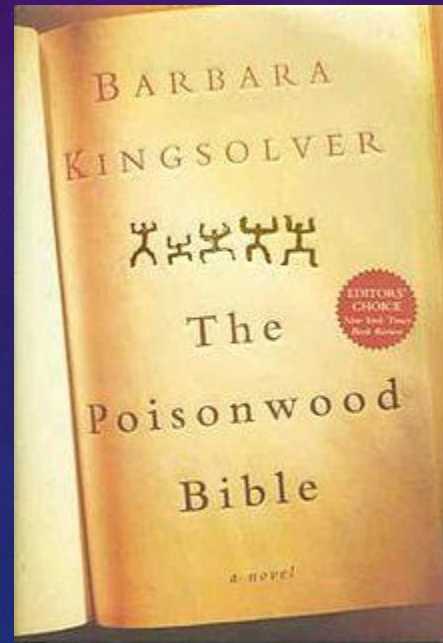
# HOW CULTURAL HUMILITY HELPS

## Cultural Humility...

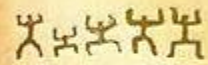
- Helps us treat patients/communities with dignity and respect
- Helps us achieve better outcomes
- Reflects our mission and values
- Helps prevent harmful stereotypes
- Encourages us to seek complete stories

# RECOMMENDED BOOKS





BARBARA  
KINGSOLVER



The  
Poisonwood  
Bible

EDITORS'  
CHOICE  
New York Times  
Best Seller

a novel

Copyrighted Material

*The*  
SPIRIT CATCHES YOU  
AND YOU FALL DOWN  
*A Hmong Child, Her American Doctors,  
and the Collision of Two Cultures*  
ANNE FADIMAN



WITH A NEW  
AFTERWORD BY  
THE AUTHOR

BOOK CLUBS



The background is a dark blue gradient with a subtle pattern of small white stars. Overlaid on this are several faint, light blue technical diagrams. In the top right, there is a large circular gauge with concentric rings and numerical markings from 0 to 210. In the bottom right, there is a smaller circular diagram with dashed lines and arrows. In the bottom left, there is another circular diagram with solid lines and arrows. In the top left, there is a small circular diagram with a single arrow.

**LISTEN, RESPECT, ACT**

(ICP Motto)



# USEFUL TOOLS

- Asset Based Community Development (ABCD)

[http://www.neighborhoodtransformation.net/pdfs/What %20is Asset Based Community Development.pdf](http://www.neighborhoodtransformation.net/pdfs/What%20is%20Asset%20Based%20Community%20Development.pdf)

- <https://implicit.harvard.edu/implicit/>

## OTHER RESOURCES

- *When Helping Hurts: how to alleviate poverty without hurting the poor and yourself.* (Corbett and Fikkert)
- *Short Term missions workbook: from mission tourists to global citizens* (Dearborn).
- *Serving with eyes Wide Open: Doing short-term missions with cultural intelligence* (Livermore)
- *Walking with the Poor: principles and practices of transformational development* (Myers)
- *Becoming a Good Samaritan--Study* (Seaton)

## REFERENCES

- Betancourt, J. (2004). Cultural Competence—Marginal or mainstream movement? *New England J. of Medicine*. 351:953-955
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<http://www.apa.org/pi/families/resources/newsletter/2013/08/cultural-humility.aspx>
- Moncho, C. <https://thesocialworkpractitioner.com/2013/08/19/cultural-humility-part-i-what-is-cultural-humility/>
- Tervalon, M. & Murray-Garcia, J. (1998). Cultural Humility Versus Cultural Competence: A Critical Distinction in Defining Physician Training Outcomes in Multicultural Education. *Journal of health care for the poor and underserved*. 9. 117-25.

# CONTACT INFORMATION

Juan Carlos Belliard

[Email: jbelliard@llu.edu](mailto:jbelliard@llu.edu)

Tel. 909-558-7754

LLU Institute for Community Partnerships & Engagement