

A world map is centered on a piece of aged, yellowish paper. The map's landmasses are filled with vibrant, multi-colored paint splatters and brushstrokes in shades of purple, blue, green, red, yellow, and pink. The background of the paper shows some texture and minor stains.

**QUALITY  
IMPROVEMENT  
A3 POSTER  
“CONTEST”**

October 2023

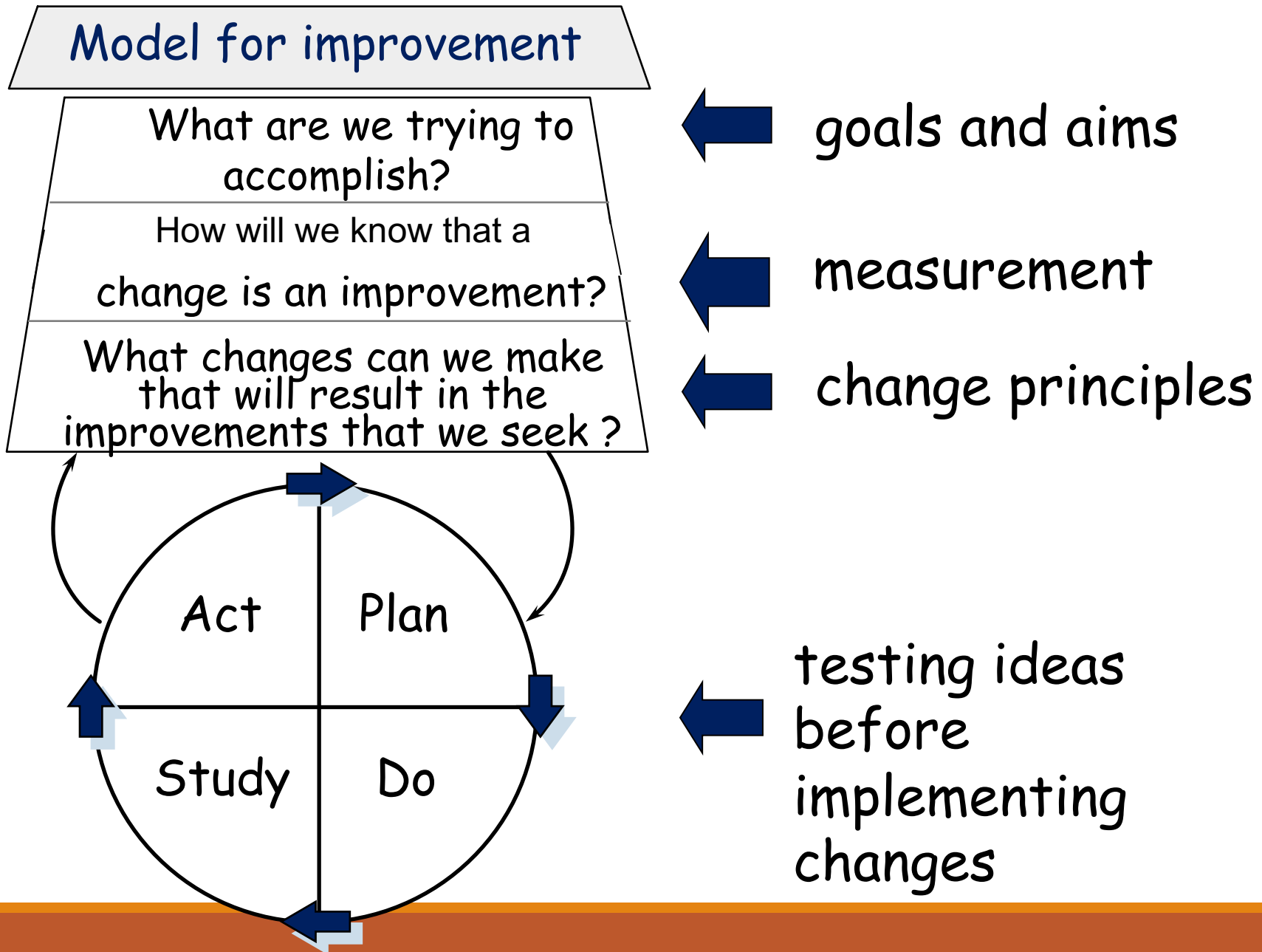


# “Quality” = Three Components

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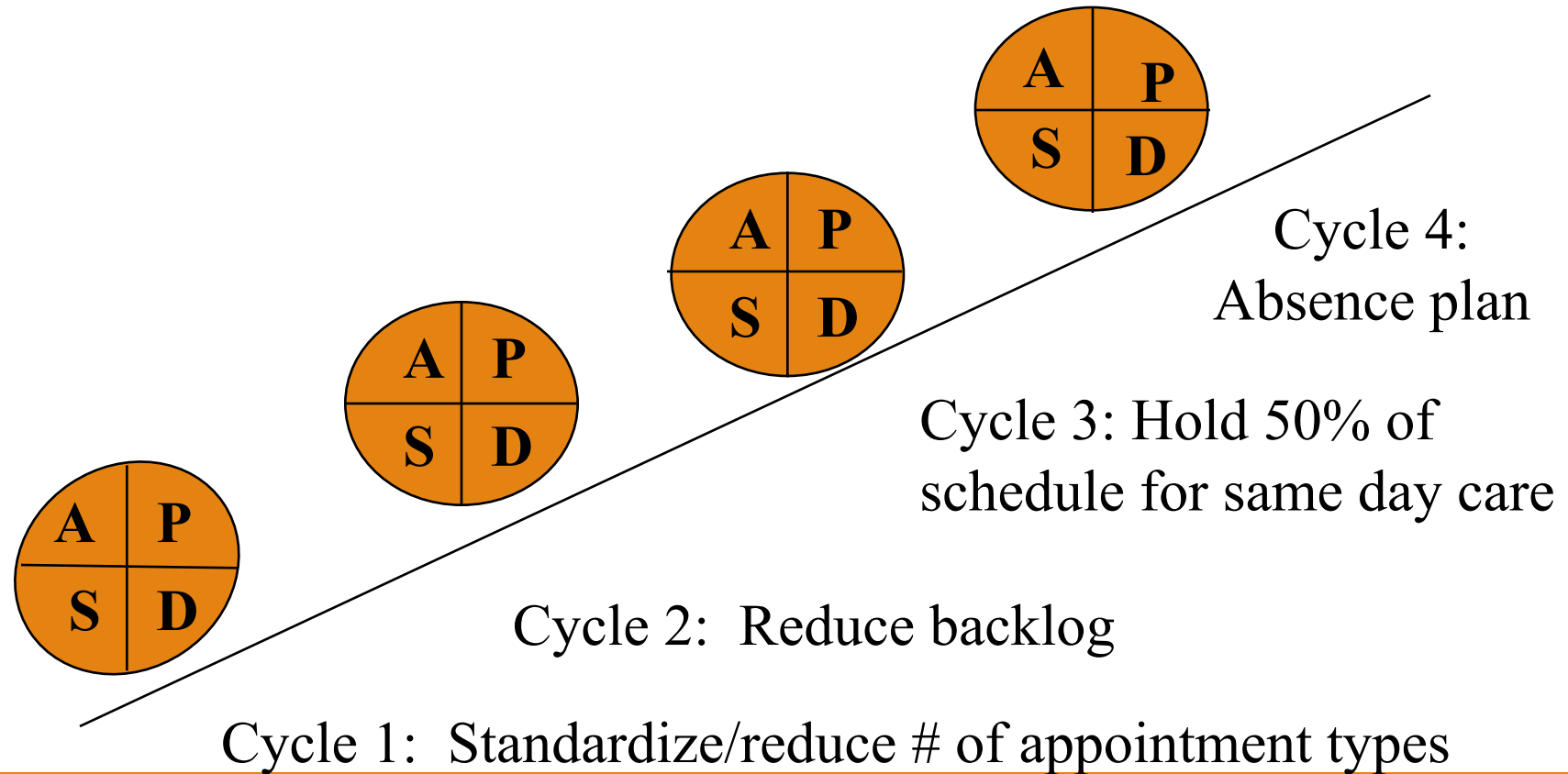
Deming:

1. Quality Planning
2. Quality Assurance
3. Quality Improvement

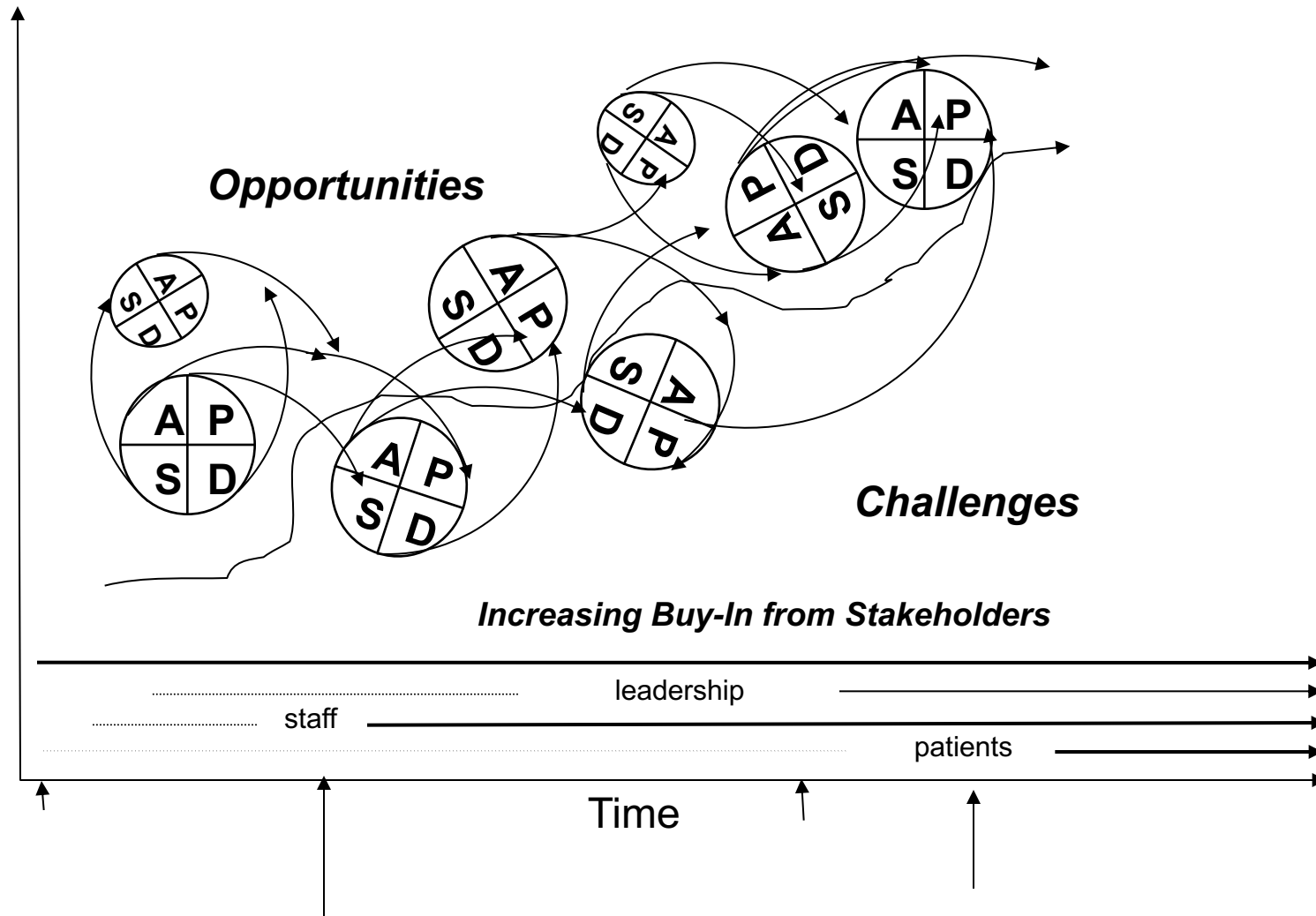


# Testing...testing...Aim:

Next Available Appointment < 7 days



# A Realistic Conceptual Model of Rapid Cycle Change



# What is an “A3” Project Management System?

- A structured cycle of improvement
- A framework for organizing thinking
  - Can be used for any type of problem: clinical/Admin or both
  - Individual and teams (and systems) – a living, dynamic document
- Eliminates the waste of debating method
- Reveals the issues, problems and previous ways of thinking
- Makes problem solving visual
- Tells a Story

**A Key tool in becoming a High Reliability Organization**

# LEAN A3

|   |   |  |
|---|---|--|
| <p><b>1. Reason for Action:</b><br/>VISION / Analysis –what you are trying to improve (specific)<br/>Team and AIM</p> | <p><b>4. Gap Analysis: (between current and Future process maps)</b><br/>= Change</p>                         | <p><b>7. Completion Plan:</b><br/>The results of your PDSA processes –that is “Sustained” over time<br/>Spread</p>             |
| <p><b>2. Current State:</b><br/>Show Flow Map- your current Process you want to change<br/>= Baseline measurement</p> | <p><b>5. Solution Approach:</b><br/>Find Change Ideas –list possible changes to test</p>                      | <p><b>8. Confirmed State:</b> Show a new graph that demonstrates an improved outcome<br/>Sustain &amp; Spread</p>              |
| <p><b>3. Target (or Future) State:</b><br/>Show Flow Map of your Ideal/Target State<br/>Measure</p>                   | <p><b>6. Rapid Experiments (Show results of Multiple PDSA Cycles =Rapid Cycle Improvement)</b><br/>Change</p> | <p><b>9. Insights:</b> what you have learned; where you need to go next; new Ideas to help sustain and spread your changes</p> |

Title:

Sponsor:

Coach:

Start Date:

A3

Owner:

Team Members:

Facilitator:

Updated on:

**1. Reasons for Action:**

Reason for Action:

**4. Gap Analysis:**

Gap Analysis

**7. Implementation / Completion Plans:**

**2. Current State:**

Current State:

**5. Countermeasures / Solution Approach:**

If We:

Then we expect:

**8. Confirmed State:**

**3. Target State:**

Target State:

**6. Rapid Experiments:**

**9. Insights:**

Team/Aim

Change

Sustain

Map/Measure

Change

Sustain

Map/Measure

Change

Sustain



# A3 Box 1 Reason for Action

What is the problem statement?

What is the scope of the problem?

What are the boundaries you will set?

| <b>Reason for Action</b> | <b>Gap Analysis</b> | <b>Completion Plan</b> |
|--------------------------|---------------------|------------------------|
| <b>1</b>                 | <b>4</b>            | <b>7</b>               |
| Current State            | Solution Approach   | Confirmed State        |
| <b>2</b>                 | <b>5</b>            | <b>8</b>               |
| Target (Future) State    | Rapid Experiments   | Insights               |
| <b>3</b>                 | <b>6</b>            | <b>9</b>               |

## QI Project “AIM” - in “SMART” format

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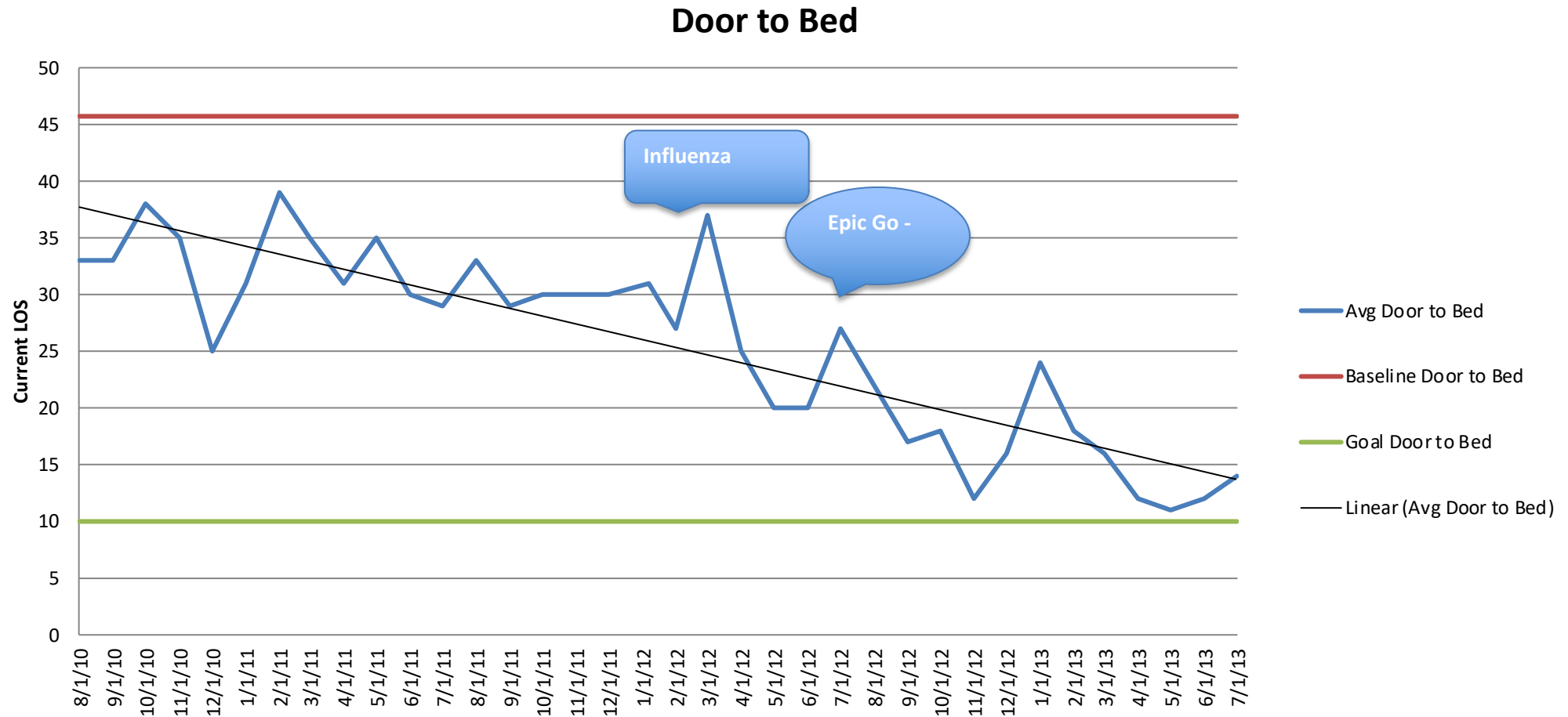
- **Specific:** is your AIM clear about what you want to improve?
- **Measurable:** Have you included numerical targets (goals)?
- **Achievable:** Is this practical in your setting?
- **Relevant:** does this project relate to patient outcomes? Can you link it to the strategic goals of your hospital?
- **Timely:** have you included a time-frame for concluding this project?

## Box 1- Examples

---

- Reduce the number of expired medications from ~ 6% to < 2% by December 31
- Decrease the time it takes the Laboratory to report the results of a CBC test (from the time of venipuncture) from 3 hours to 1 hour by January 28

# Result: 30% Improvement in time from ED to Inpatient Bed



# A3 – Box 2 Current State

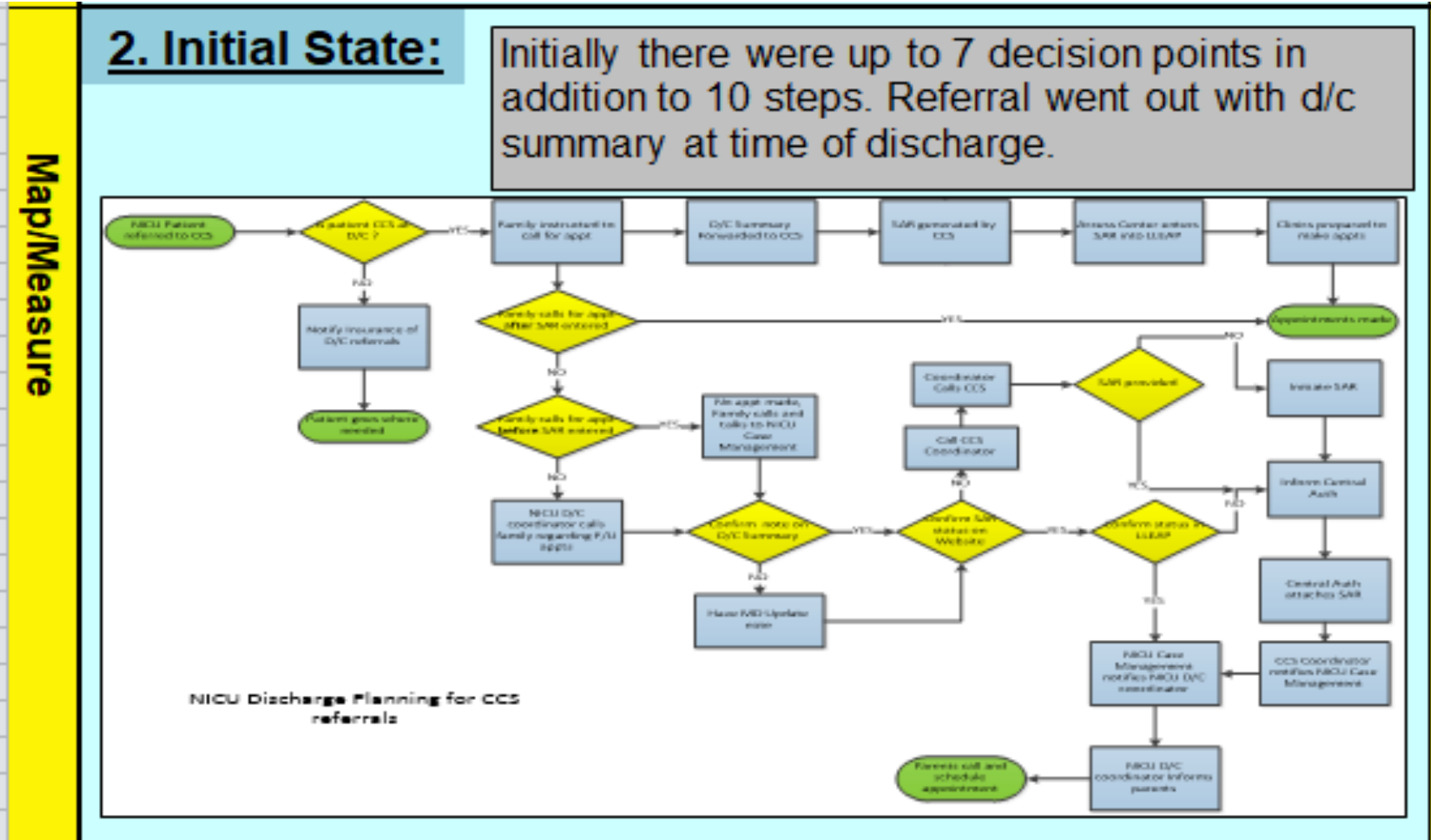
What does the organization look like now?

- Business case for need:
- What are the current/upcoming changes you wish to initiate?
- Have you personally visited the site to change?
- Identify the core process?
- Flow Map the core processes
  - Identify (high-level) major issues (Kapowie's)

|                                      |                                 |                                    |
|--------------------------------------|---------------------------------|------------------------------------|
| <b>Reason for Action</b><br><b>1</b> | <b>Gap Analysis</b><br><b>4</b> | <b>Completion Plan</b><br><b>7</b> |
| <b>Current State</b><br><b>2</b>     | Solution Approach<br><b>5</b>   | Confirmed State<br><b>8</b>        |
| Target (Future) State<br><b>3</b>    | Rapid Experiments<br><b>6</b>   | Insights<br><b>9</b>               |



# Box 2 – Current State



# A3 – Box 3 Future (Target) State

What do we want the organization to look like at:

- 1 year
- 5 years from now?

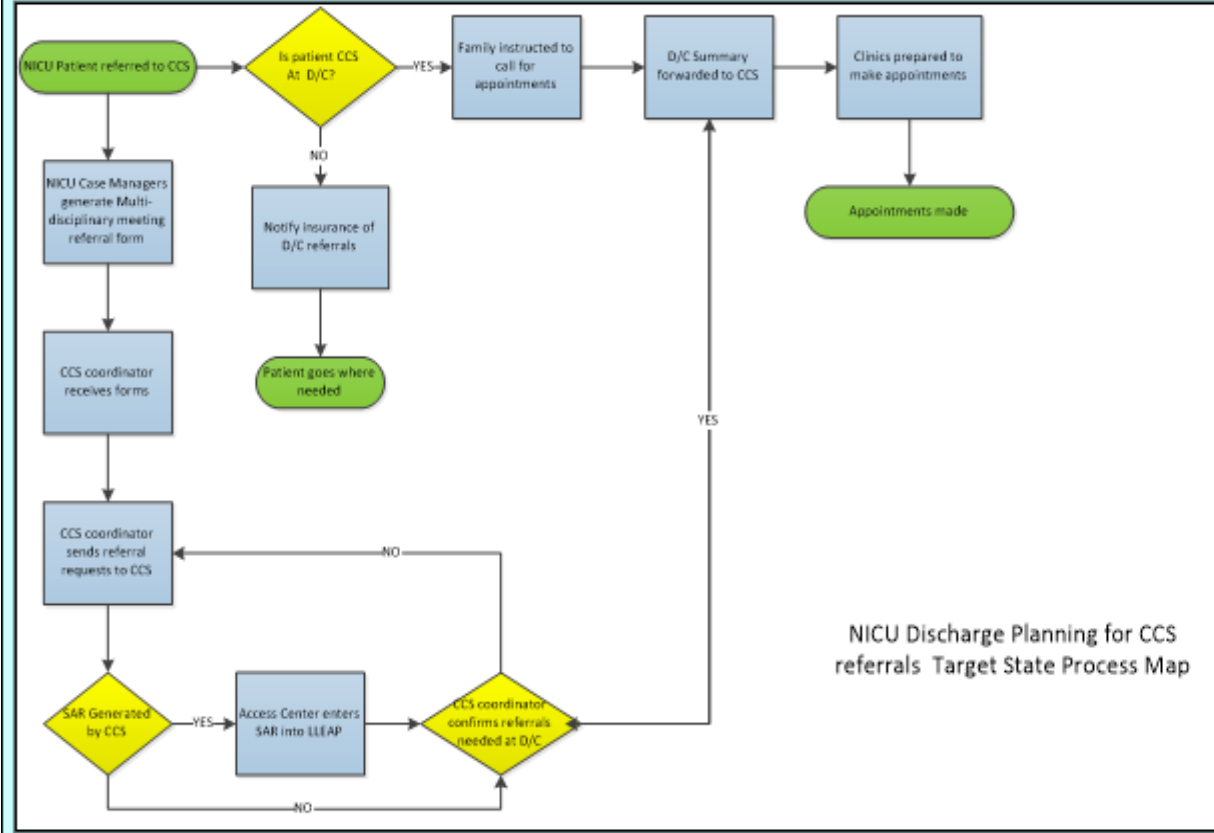
What does “Good” [“Ideal] look like?

How will we know when we have made an impact?

|  |                                      |                                    |
|--|--------------------------------------|------------------------------------|
| <b>Reason for Action</b><br><b>1</b>     | <b>Gap Analysis</b><br><b>4</b>      | <b>Completion Plan</b><br><b>7</b> |
| <b>Current State</b><br><b>2</b>         | <b>Solution Approach</b><br><b>5</b> | <b>Confirmed State</b><br><b>8</b> |
| <b>Target (Future) State</b><br><b>3</b> | <b>Rapid Experiments</b><br><b>6</b> | <b>Insights</b><br><b>9</b>        |

# Ideal State (Future)

## 3. Target State:



Target is to have speciality appointment scheduled by the time patient is discharged from NICU. The decision points decreased to 3 with a maximum of 6 steps.

# A3 – Box 4 Gap Analysis

What are the gaps to be closed between the current and future state?

What impact do these gaps have on our ability to reach our target state?

How much control / influence do we have over these gaps?

What are some of the potential root causes of the gaps?

|  |                                      |                                    |
|--|--------------------------------------|------------------------------------|
| <b>Reason for Action</b><br><b>1</b>     | <b>Gap Analysis</b><br><b>4</b>      | <b>Completion Plan</b><br><b>7</b> |
| <b>Current State</b><br><b>2</b>         | <b>Solution Approach</b><br><b>5</b> | <b>Confirmed State</b><br><b>8</b> |
| <b>Target (Future) State</b><br><b>3</b> | <b>Rapid Experiments</b><br><b>6</b> | <b>Insights</b><br><b>9</b>        |

# Box 4 – Gap Analysis

**4. Gap Analysis:**

Why does the problem or need exist? What are the top contributors/root causes to the gap (tied to box 2 - 3 of A3)

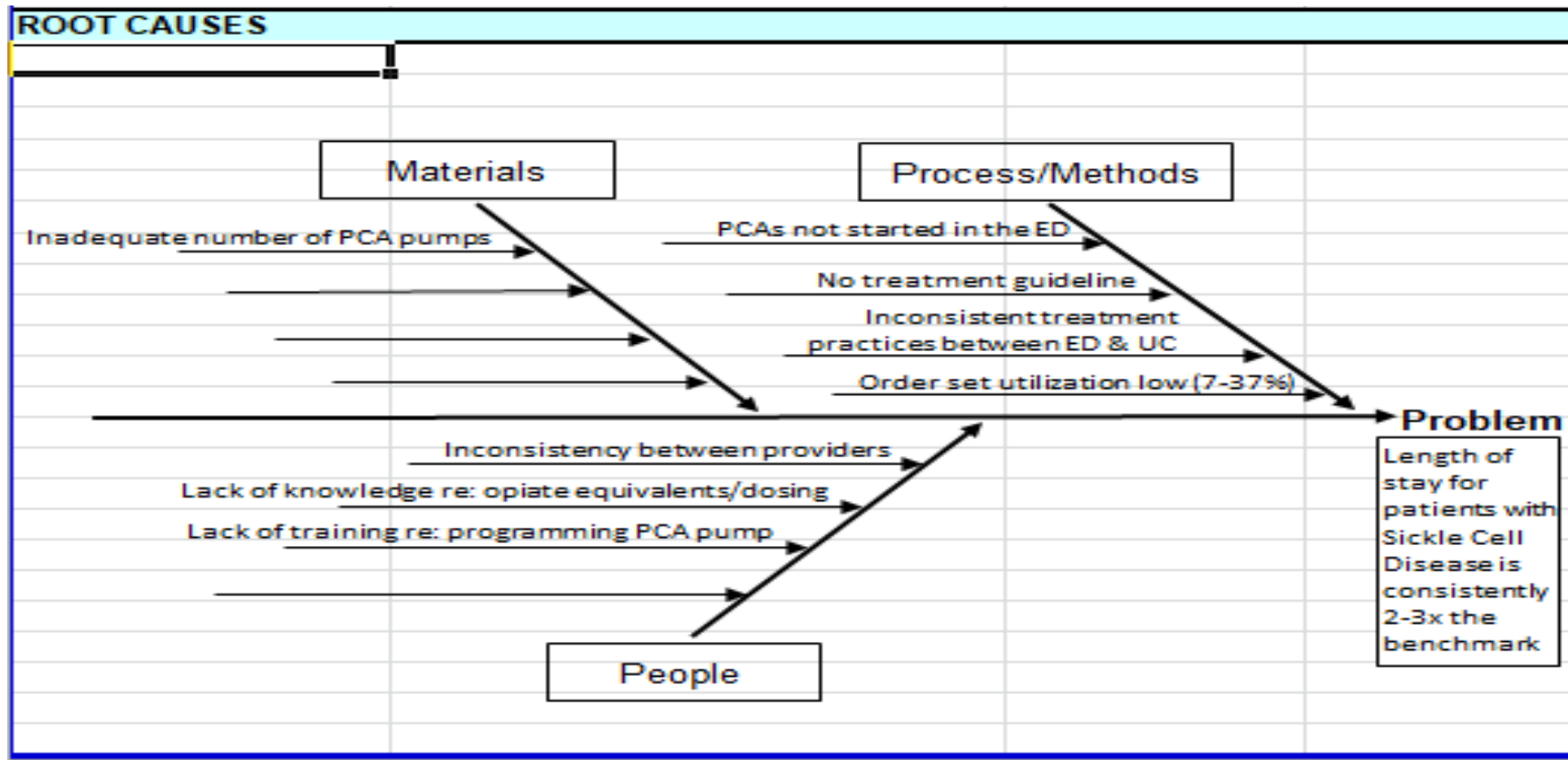
**Change**

The diagram illustrates the gap analysis process. It starts with a red oval labeled 'Current State' on the left, an arrow pointing to the word 'GAP' in the center, and another arrow pointing to a green oval labeled 'Target State' on the right. Below the 'GAP' text is a blue rectangular box containing the text 'Cause & Effect Diagram' and '5 Why's'. At the bottom of the diagram is a table with three columns: 'Problem Statement', 'Direct Cause', and 'Root Cause(s)'. The table has two empty rows for data entry.

| <u>Problem Statement</u> | <u>Direct Cause</u> | <u>Root Cause(s)</u> |
|--------------------------|---------------------|----------------------|
|                          |                     |                      |
|                          |                     |                      |



# Box 4 Gap Analysis – Fishbone Diagram



# A3- Box 5 Solution Approach

What ideas do we have for closing the gap?

Which of the core processes have the most potential to close gaps (attain target)

What have others done to close the gaps?

How easy or difficult are the solutions being proposed?

|                                      |                                      |                                    |
|--------------------------------------|--------------------------------------|------------------------------------|
| <b>Reason for Action</b><br><b>1</b> | <b>Gap Analysis</b><br><b>4</b>      | <b>Completion Plan</b><br><b>7</b> |
| Current State<br><b>2</b>            | <b>Solution Approach</b><br><b>5</b> | Confirmed State<br><b>8</b>        |
| Target (Future) State<br><b>3</b>    | Rapid Experiments<br><b>6</b>        | Insights<br><b>9</b>               |

# A3- Box 5 Solution Approach

| Change | <b>5. Countermeasures / Solution Approach:</b>   |                          |
|--------|--|--------------------------|
|        | Countermeasures - what do you propose to close the gap for those key processes?                  |                          |
|        | Ask how each root cause could be eliminated or minimized - at least 3 "hows" for each root cause |                          |
|        | <u>If we...</u>  | <u>Then we expect...</u> |
|        | Ex. Exam time $\neq$ proc. time  | Adjust procedure times   |
|        |  | Modify xxx               |
|        |  | Add room for prep        |
|        | Ex. #2   | Trial 1                  |
|        |  | Trial 2                  |
|        |  | Trial 3                  |
| Ex. #3 | Trial 1  |                          |
|        | Trial 2  |                          |
|        | Trial 3  |                          |

An example of the  
“What If” process:

If we change “X”  
what is the  
expected result in  
“Y”?

# A3 – Box 6 Rapid Experiments

Proposed “change” Ideas -“measures” to address each root cause

Predicted results for each cause

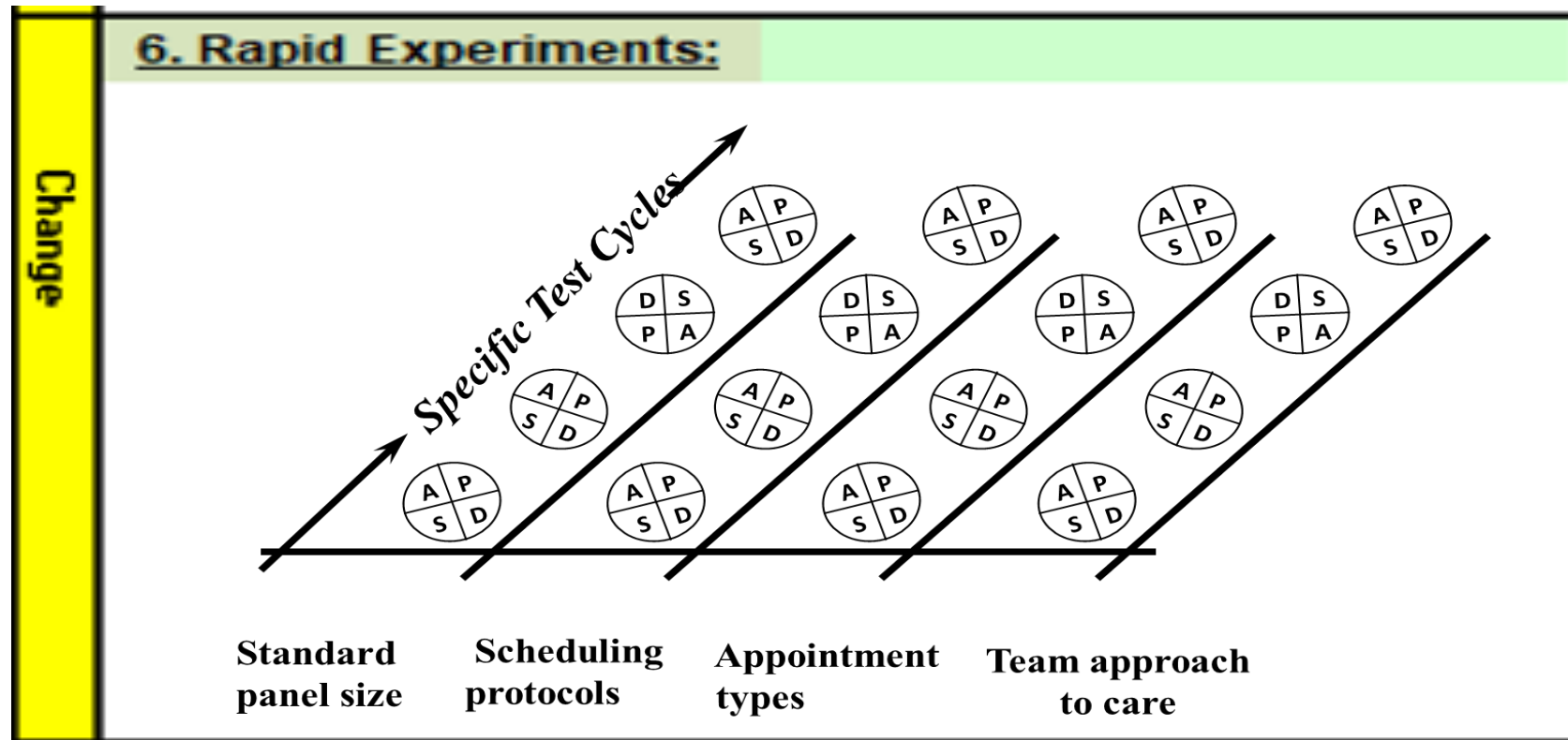
Do multiple PDSAs

Assessment Q:

- Are there clear countermeasure steps identified?
- Do the countermeasures link to the Root Cause of the problem?
- Who is responsible for what, by when (5 whys)
- Will these action items prevent recurrence of the problem?
- Is the implementation order clear and reasonable?
- How will the effects of the countermeasure be verified?

|                              |                          |                        |
|------------------------------|--------------------------|------------------------|
| <b>Reason for Action</b>     | <b>Gap Analysis</b>      | <b>Completion Plan</b> |
| <b>1</b>                     | <b>2</b>                 | <b>7</b>               |
| <b>Current State</b>         | <b>Solution Approach</b> | <b>Confirmed State</b> |
| <b>2</b>                     | <b>5</b>                 | <b>8</b>               |
| <b>Target (Future) State</b> | <b>Rapid Experiments</b> | <b>Insights</b>        |
| <b>3</b>                     | <b>6</b>                 | <b>9</b>               |

# A3- Box 6 Solution Approach





# A3 – Box 7 Implementation

Table to document how you will do the different PDSA cycles in closing the gaps

- Who? (who leads task)
- What? (task)
- When? (completion date)
- Where?

Learn and improve as you go

|  |                                      |                                    |
|--|--------------------------------------|------------------------------------|
| <b>Reason for Action</b><br><b>1</b>     | <b>Gap Analysis</b><br><b>4</b>      | <b>Completion Plan</b><br><b>7</b> |
| <b>Current State</b><br><b>2</b>         | <b>Solution Approach</b><br><b>5</b> | <b>Confirmed State</b><br><b>8</b> |
| <b>Target (Future) State</b><br><b>3</b> | <b>Rapid Experiments</b><br><b>6</b> | <b>Insights</b><br><b>9</b>        |



# A3 – Box 8 Confirmed State

## Accomplishments

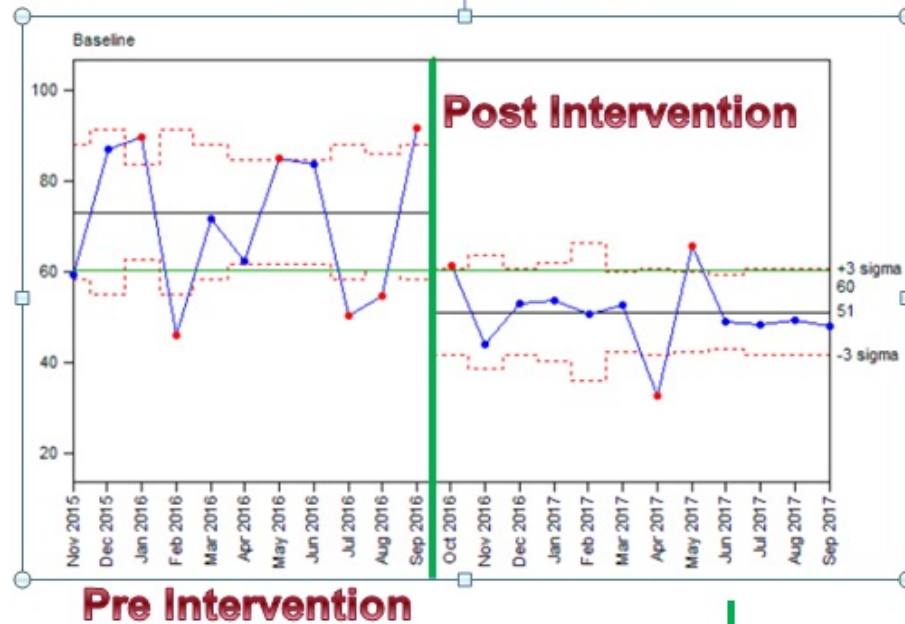
### Metrics (data)

- run charts, control charts, etc.
- Document quantified change:  
(% improvement or % no longer happening, etc.)

|                              |                          |                             |
|------------------------------|--------------------------|-----------------------------|
| <b>Reason for Action</b>     | <b>Gap Analysis</b>      | <b>Completion Plan</b>      |
| <b>1</b>                     | <b>4</b>                 | <b>7</b>                    |
| <b>Current State</b>         | <b>Solution Approach</b> | <b>Confirmed State</b>      |
| <b>2</b>                     | <b>5</b>                 | <b>8</b>                    |
| <b>Target (Future) State</b> | <b>Rapid Experiments</b> | <b>Insight / Reflection</b> |
| <b>3</b>                     | <b>6</b>                 | <b>9</b>                    |

# Box 8 – Confirmed State

Average time to tPA    Goal: Door-to-t-PA <60 min



| Nov 2015 | Dec 2015 | Jan 2016 | Feb 2016 | Mar 2016 | Apr 2016 | May 2016 | Jun 2016 | Jul 2016 | Aug 2016 | Sep 2016 | Oct 2016 | Nov 2016 | Dec 2016 | Jan 2017 | Feb 2017 | Mar 2017 | Apr 2017 | May 2017 | Jun 2017 | Jul 2017 | Aug 2017 | Sep 2017 |
|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| 59       | 87       | 90       | 46       | 72       | 62       | 85       | 84       | 50       | 54       | 92       | 61       | 44       | 53       | 54       | 50       | 53       | 33       | 66       | 49       | 48       | 49       | 48       |

Stroke ATV - Average time to tPA  
Phase Analysis

Transport backpacks Compared to Baseline

Statistically Improved

|          | Baseline Mean | Transport backpacks Mean | Difference of Means (Abs) |
|----------|---------------|--------------------------|---------------------------|
| Estimate | 70.981818     | 50.653373                | 20.328445                 |



## A3 – Box 9 - Insights

What have you learned from this process?

How can we make it better next time

Summary: it completes the **story** of your successful QI Project

|  |                                      |  |
|--|--------------------------------------|--|
| <b>Reason for Action</b><br><b>1</b>     | <b>Gap Analysis</b><br><b>4</b>      | <b>Completion Plan</b><br><b>7</b>       |
| <b>Current State</b><br><b>2</b>         | <b>Solution Approach</b><br><b>5</b> | <b>Confirmed State</b><br><b>8</b>       |
| <b>Target (Future) State</b><br><b>3</b> | <b>Rapid Experiments</b><br><b>6</b> | <b>Insights / Reflection</b><br><b>9</b> |

# Box 9 – Insight / Reflections

|                                 |  |                          |                               |                                 |
|---------------------------------|--|--------------------------|-------------------------------|---------------------------------|
| <b>Sustain</b>                  | <b><u>9. Insights:</u></b>   |                          |                               |                                 |
|                                 | <b>What were the insights or lessons learned?</b>  |                          |                               |                                 |
|                                 | What's going well? What can be improved upon? What is the plan for improvement based on plus/delta? What new improvement opportunities and when will they be addressed?  |                          |                               |                                 |
|                                 | <table border="0" style="width: 100%;"><tr><td style="background-color: #00ff00; width: 50%; padding: 5px;"><b>What Worked Well?</b></td><td style="background-color: #ff0000; width: 50%; padding: 5px;"><b>What Didn't Work Well?</b></td></tr><tr><td colspan="2" style="text-align: center; padding: 5px;"><b>Actions for Improvement:</b></td></tr></table> | <b>What Worked Well?</b> | <b>What Didn't Work Well?</b> | <b>Actions for Improvement:</b> |
| <b>What Worked Well?</b>        | <b>What Didn't Work Well?</b>  |                          |                               |                                 |
| <b>Actions for Improvement:</b> |  |                          |                               |                                 |

**Current State** → **GAP** → **Target State**

**Where's the next big performance gap?????**

# Guidelines in Creating a Poster

---

- The title of the poster should quickly orient the audience – a prominent block of text- no more than two lines
- The Aim of the QI project should be clearly stated
- Make sure each section is readable
- Emphasize visuals: Graphs, figures, or pictures
- Use Color to emphasize concepts and to link ideas
- Minimize abbreviations
- Use Process mapping (current and Ideal states)

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## A – 3 Evaluation

Examples of Good A – 3 Formats





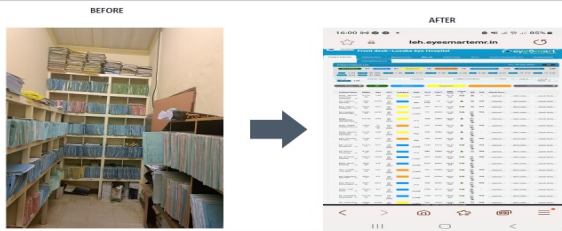
## THE PROBLEM

- Having an efficient medical records as a very cardinal part of quality assurance for Lusaka Eye hospital.
- One of the areas that needed quality improvement was the medical records system.
- The hospital was using a physical paper file system to record and retain patient's medical records. This was a tedious system which resulted in as much 20% of the files that would get lost either due to misfiling or patients would go with the files to their home without authorization and the information would be lost.
- This compromised the quality of patient care
- The paper files also consumed a lot space and the cost of printing which covered about 15% of the total annual hospital budget.

## AIM

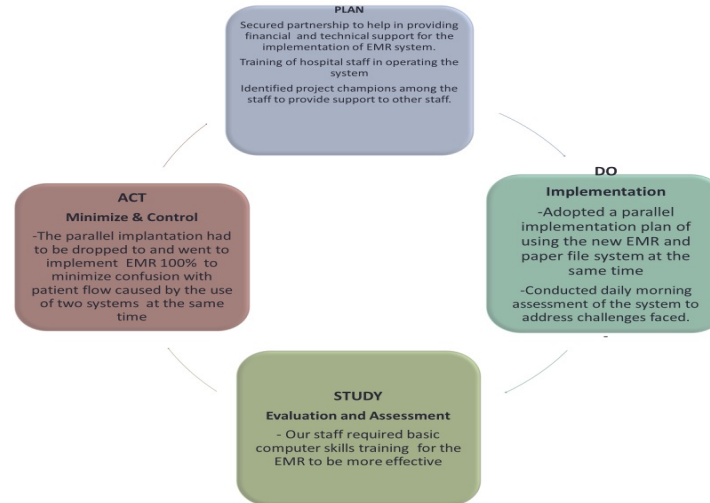
To reduce the number of patient files that go missing by 100% by end of 2023. This is by developing and implementing a robust electronic medical records system.

## FLOW MAP OF PRESENT STATE



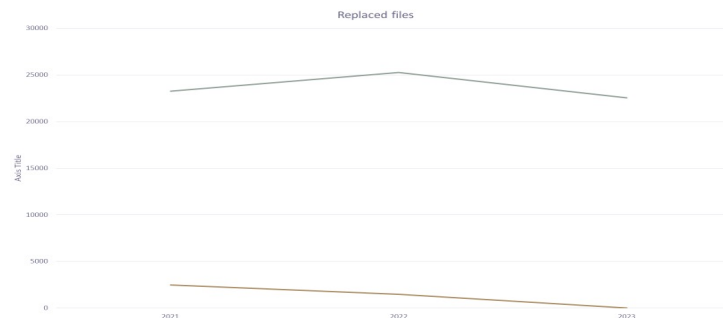
## FLOW MAP OF FUTURE STATE

## PLAN DO ACT STUDY CYCLE



## DATA

The chart shows the number of patient files that have been replaced as missing files, compared to the number of registered patients over a period from 2021 2023 quarter three.



## RESULTS

- From 2021 to 2022 we had 60% reduction in replaced files. This was to efforts implemented.
- We introduced excel spreadsheet to record patient file details.
- However, because of limited space, files kept on missing.
- EMR guarantees almost 100% sorting out the issue of missing files.

| Year | Patient seen | Replaced files (lost/misfiled files) |
|------|--------------|--------------------------------------|
| 2021 | 23,274       | 2,500                                |
| 2022 | 25,278       | 1,500                                |
| 2023 | 22560        | 0                                    |

## SUMMARY

- Change is best managed when team work is emphasized
- The results for the quality improvement implemented is the hospital has a smart medical records management system that is efficient and will guarantee no loss of patient files.
- Our patients do not have to worry about losing their file reference cards they used loss all the time, all they need to present is their names.
- The hospital no longer has to buy paper files. Those funds have been redirected to meet other hospital needs.

## FUTURE STEPS/ WHAT'S NEXT?

- The next project in improving quality at LEH is to reduce on patient waiting time.
- The number of patient coming to our hospital has in the past year almost doubled. This is mainly due to the introduction of the National Insurance scheme and the hospital's good will reputation.
- We plan to increase the patient screening booths from the current three to six in OPD1. This will be accompanied by reorganizing our staff to meet this increasing patient flow.

Owner: Lisa Henry RN MSN

Team Members: Nursing Staff of Andrews Memorial Hospital

Team/Aim

1. Reasons for Action

- Address challenges and gaps in support and training
- Alleviate strain on finances and workforce
- Improve patient care quality and community impact
- Enhance organizational stability and employee loyalty
- Support retention of experienced nurses
- Elevate the nursing profession through strategic solutions and

2. Current State

- Inadequate support for new staff
- Punitive organizational culture
- Inconsistent care quality due to uneven training
- High turnover rates necessitating expensive onboarding
- Strained community impact due to workforce shortages
- Insufficient beds for patient admission due to closed units
- Concerns about the erosion of employee loyalty
- Significant impact on organizational stability, finances, patient care, and the nursing profession

3. Target State

- Provide comprehensive support and guidance to new healthcare professionals
- Transform organizational culture to be positive and collaborative
- Standardize care quality through consistent training
- Reduce employee turnover rates and associated onboarding costs
- Optimize bed availability to meet patient admission needs
- Enhance community impact by addressing workforce challenges
- Foster employee loyalty and commitment
- Improve organizational stability and reputation
- Contribute to the advancement and sustainability of the nursing profession

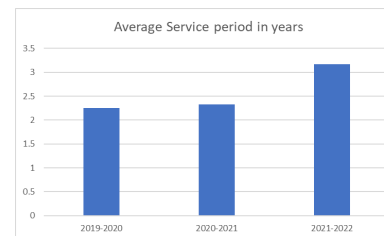
Change

Change

Change

4. Gap Analysis

- Inadequate support for new nurses
- negative culture
- Lack of trained preceptors
- increased turnover
- Inadequate Staffing
- Lack of experienced nurses
- Decreased beds available



5. Countermeasures

If we

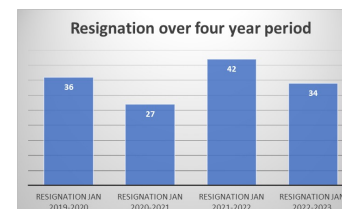
- Design the preceptorship program.
- Create thorough preceptor training modules
- Track progress and continuously improve
- Collect input from preceptors and participants.
- Ensure program outcomes align with goals

Then we

- Provide a structure and framework for mentorship
- Enhanced mentoring skills, knowledge and consistent precepting experience
- Insights for program refinement
- Improved program efficiency and effectiveness
- Goal achievement and gap closure

6. Gap Analysis

**Driving Factors:**  
Migration for better opportunities  
Higher-paying public sector jobs  
**Pandemic Impact:**  
Lower turnover during travel restrictions  
Surge in resignations after restrictions eased



Sustain

Sustain

Sustain

7. Implementation/ Completion Plans

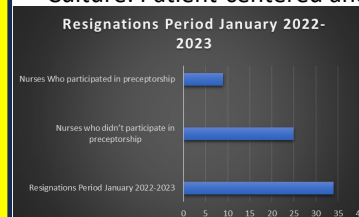
Preceptorship Program Phases (Jan 2022 – Ongoing):

Phase 1 (Nov - Dec 2021) targeted nurses with 1-4 years' experience, establishing a strong foundation through an 8-hour training program.

Phase 2 (Jan 2022 – Ongoing) expanded to all units, involving a broader group of potential preceptors. The focus is on seamless onboarding for new nurses, aiming for comprehensive unit coverage with trained preceptors.

8. Confirmed State

- Patient Satisfaction: Improved, reflecting excellent nursing care.
- Patient Outcomes: Enhanced, with fewer adverse incidents.
- Medication Errors: Decreased, ensuring safer practices.
- Operational Units: All units are fully functional, optimizing coverage.
- Culture: Patient-centered and respectful, promoting cohesion.



9. Insights

Hansen (2021) emphasizes that implementing preceptorship and continuous support programs is vital to nurturing competence and confidence in newly graduated nurses at the outset of their professional journey. Aparicio and Nicholson (2021) stress the need for future program optimization. They highlight the necessity of comprehensive support for preceptors/supervisors and new nurses to enhance the overall program experience, underlining the importance of a holistic support system. These insights underscore the critical role of ongoing support structures in fortifying the nursing workforce.

We are barely beginning to scratch the surface of what needs to be done to support retention, but it is a start.

Maps/Measure

Map/Measure





# STEPPING UP CLUBFOOT CARE

KENDU ADVENTIST HOSPITAL

JUSTIN KIM PT, DPT, COMT; DARIL MBEWA OT, HND; DENNY HONG MD, MPH



## HISTORY

The global prevalence of clubfoot is 0.6 to 1.5 per 1,000 live births, with 10% of cases concentrated in Eastern Africa. In Kenya, 1,200 infants are born with clubfoot.

## AIM

To maximize evidence-based treatment for patients with clubfoot by increasing new patient referrals to 20% in 2023.

## CURRENT STATE



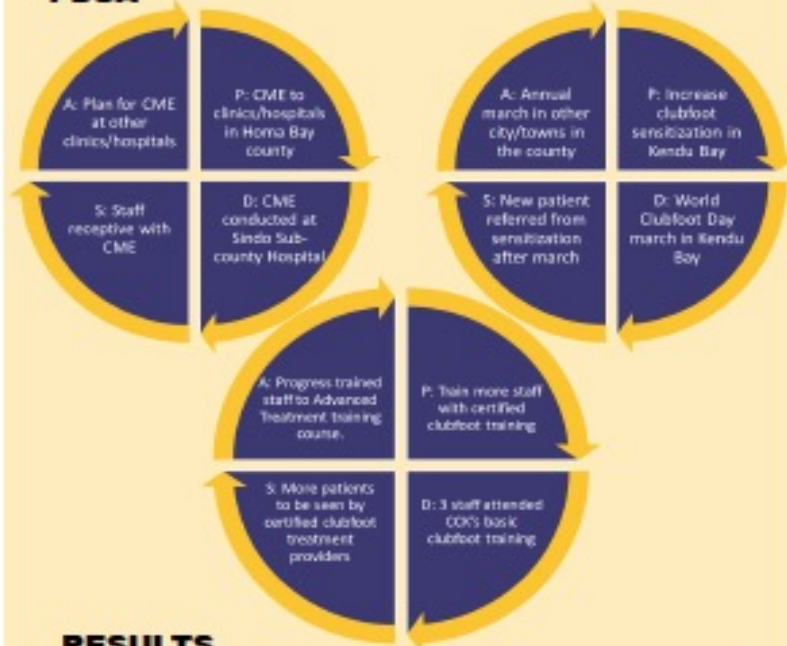
## TARGET STATE



## SOLUTIONS

| If we   | Then we   |
|---|---|
| Increase the number of staff trained by certified clubfoot treatment program by Clubfoot Care for Kenya | Improve the quality of care and can maximize the number of patients seen in the clubfoot clinic |
| Provide a clubfoot CME focused on identification and referral to other institutions in Homa Bay county  | Increase the number of patient referrals with clubfoot to maximize patient impact in the county |
| Engage in community sensitization about clubfoot and available treatment                                | Maximize patient engagement in the community and increase the number of patient referrals       |

## PDSA



## RESULTS



## CHALLENGES

- Cultural stigma and distrust in the western approach.
- Economic barriers in an indigent community.
- Lack of access due to rural setting and lack of awareness

## NEXT STEPS

- Conduct awareness campaigns in neighboring towns.
- Engage community health volunteers and village chiefs.
- Expand referral base and promote healthcare recognition through CME sessions
- Staff training with CCK's Basic and Advance Clubfoot Treatment approach





**OWNER**  
Chris Del Monte



**SPONSOR**  
Nestor V. Molleda



**TEAM**  
8 Members

## 1 Reasons for Action

Improve the Compassionate Care of our Critical Units (Emergency Room, Hemodialysis, Intensive Care) Personnel in Dealing with Patients.

Process Start: Administration of Pre-test to Critical Care Units personnel before administration of intervention programs

Process End: Administration of Post-test to Critical Units personnel after administration of intervention programs

## 2 Current State

| Self-Care Behavior                    | Pre-Test |
|---------------------------------------|----------|
| Physical Self-Care                    | 56%      |
| Cognitive Self-Care                   | 50%      |
| Psychological and Emotional Self-Care | 40%      |
| Behavioral Self-Care                  | 65%      |
| Interpersonal Self-Care               | 44%      |
| Existential Self-Care                 | 78%      |
| Quality of Life Scales                | Pre-Test |
| Compassion Satisfaction               | 67%      |
| Burnout                               | 87%      |
| Secondary Traumatization              | 82%      |
| Compassionate Nursing Care Scales     | Pre-Test |
| Professional Performance              | 90%      |
| Continuous Follow-up                  | 84%      |
| Patient-Centered Performance          | 88%      |
| Emphatic Communication                | 72%      |

## 3 Target State

| Self-Care Behavior                    | Pre-Test | Post-Test |
|---------------------------------------|----------|-----------|
| Physical Self-Care                    | 56%      | Increased |
| Cognitive Self-Care                   | 50%      | Increased |
| Psychological and Emotional Self-Care | 40%      | Increased |
| Behavioral Self-Care                  | 65%      | Increased |
| Interpersonal Self-Care               | 44%      | Increased |
| Existential Self-Care                 | 78%      | Increased |
| Quality of Life Scales                | Pre-Test | Post-Test |
| Compassion Satisfaction               | 67%      | Increased |
| Burnout                               | 87%      | Decreased |
| Secondary Traumatization              | 82%      | Decreased |
| Compassionate Nursing Care Scales     | Pre-Test | Post-Test |
| Professional Performance              | 90%      | Increased |
| Continuous Follow-up                  | 84%      | Increased |
| Patient-Centered Performance          | 88%      | Increased |
| Emphatic Communication                | 72%      | Increased |

## 4 Gap Analysis



## 5 Solutions

| Interventions   | Possible Outcomes  |
|---|--|
| Integrate regular physical activities into their weekly schedules, specifically allocate one-hour sessions every Tuesday and Thursday | Enhance Critical Units personnel self-care practices   |
| Integrate daily devotional and prayer time before work starts and spiritual group activities  | Improve spiritual life and relationship with colleagues.   |
| Conduct a one-on-one session within Mental Health Clinic and psychoeducation  | Recognize and address mental health concerns and cater mental health issues and concerns   |
| Conduct one day small group training session focused on the principles of "Care for Souls".   | Instill a deep understanding of compassionate care, emphasizing nursing practice on emphatic and supportive aspects.                                     |
| Reduce duty hours from 12 hours to 9 hours per shift in adherence to DOH guidelines   | Support the well-being of nursing personnel and enhance capacity for compassionate care. Improve the overall work-life balance of the nursing personnel. |

## 6 Rapid Experiments

| Self-Care Behavior                    | Pre-Test | Post-Test After the Implementation of Intervention Programs |
|---------------------------------------|----------|---|
| Physical Self-Care                    | 56%      | Improved  |
| Cognitive Self-Care                   | 50%      | Improved  |
| Psychological and Emotional Self-Care | 40%      | Improved  |
| Behavioral Self-Care                  | 65%      | Improved  |
| Interpersonal Self-Care               | 44%      | Improved  |
| Existential Self-Care                 | 78%      | Improved  |
| Quality of Life Scales                | Pre-Test | Post-Test After the Implementation of Intervention Programs |
| Compassion Satisfaction               | 67%      | Improved  |
| Burnout                               | 87%      | Improved  |
| Secondary Traumatization              | 82%      | Improved  |
| Compassionate Nursing Care Scales     | Pre-Test | Post-Test After the Implementation of Intervention Programs |
| Professional Performance              | 90%      | Improved  |
| Continuous Follow-up                  | 84%      | Improved  |
| Patient-Centered Performance          | 88%      | Improved  |
| Emphatic Communication                | 72%      | Improved  |

## 7 Implementation Plan

| Programs   | Responsible Person   | Due Date      |
|--|--|---------------|
| Phase 1<br>Create Team For The Study/Action Research/Pre-Test  | Mr. Nestor Molleda/Chris Del Monte   | February 2023 |
| Phase 2<br>Intervention Program<br>Integrate regular physical activities into their weekly schedules, specifically allocate one-hour sessions every Tuesday and Thursday | Mr. Nestor Molleda   | April 2023    |
| Integrate daily devotional and prayer time before work starts and spiritual group activities   | Mr. Dennis Rubin<br>Mr. Niel Exdrelon<br>Ms. Herschell Dumaza<br>Mr. Christopher Del Monte | April 2023    |
| Conduct a one-on-one session within Mental Health Clinic and psychoeducation   | Mr. Handel Cabrera   | May 2023      |
| Conduct one day small group training session focused on the principles of "Care for Souls".  | Mr. Handel Cabrera   | July 2023     |
| Reduce duty hours from 12 hours to 8 hours per shift in adherence to DOH guidelines  | Ms. Sheena Mae Avance  | June 2023     |
| Phase 3<br>Post-Test/Analyze Result After Implementation of Intervention Program   | Mr. Chris Del Monte  | August 2023   |

## 8 Confirmed State

| Metric                                   | Period Test Conducted | Value         |                 | Percentage of Change |
|--|-----------------------|---------------|-----------------|----------------------|
| <b>Self-Care Behavior</b>                |                       |               |                 |                      |
| Physical Self-Care                       | 30 Days               | Pre-Test: 56% | Post-Test: 92%  | 56% ▲                |
| Cognitive Self-Care                      | 30 Days               | 50%           | 95%             | 45% ▲                |
| Psychological and Emotional Self-Care    | 30 Days               | 40%           | 95%             | 55% ▲                |
| Behavioral Self-Care                     | 30 Days               | 65%           | 98%             | 33% ▲                |
| Interpersonal Self-Care                  | 30 Days               | 44%           | 89%             | 45% ▲                |
| Existential Self-Care                    | 30 Days               | 78%           | 99%             | 21% ▲                |
| Average Increase: 42.5% ▲                |                       |               |                 |                      |
| <b>Quality of Life Scales</b>            |                       |               |                 |                      |
| Compassion Satisfaction                  | 60 Days               | Pre-Test: 67% | Post-Test: 94%  | 27% ▲                |
| Burnout                                  | 60 Days               | 87%           | 28%             | 59% ▼                |
| Secondary Traumatization                 | 60 Days               | 82%           | 24%             | 58% ▼                |
| Average Decrease of B and ST: 58.5% ▼    |                       |               |                 |                      |
| <b>Compassionate Nursing Care Scales</b> |                       |               |                 |                      |
| Professional Performance                 | 30 Days               | Pre-Test: 90% | Post-Test: 100% | 10% ▲                |

## 9 Insights

- ✓ Critical Units Personnel needs work-life balance.
- ✓ Hospital activities, physical, social, mental, and spiritual enhance the well-being of personnel
- ✓ Well-being of personnel affects their dealings to patients

# A – 3 Evaluation

Examples of Excellent  
Results from using the A – 3  
Formats



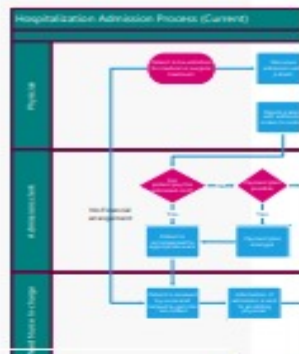
# Improving the inpatients' admission process

Marvin Camal, MD, LLLAH CMO; Marcia Lennen, RN, LLLAH CNO; Jaime Adan Sosa, LLLAH CEO; Diana Roberts, CFO; Amir Segura III, HRM and Jeffrey Cho, MD, MPH

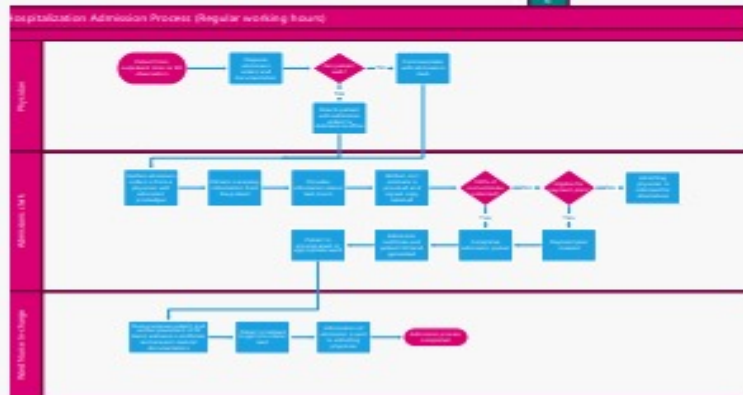
## Reason for Action

Remaining financially viable in the ever-evolving healthcare landscape requires careful monitoring of preventable losses. Two sentinel events in the month of August 2023 signaled the need to examine the admissions process at our hospital. These two events involved surgeries performed prior to payment resulting in patients being discharged with a total pending balance of \$10,858.00, this being a potential loss of income. By October 01, 2023, we aim to prevent all future occurrences of non-emergent inpatient admissions before a financial plan is in place.

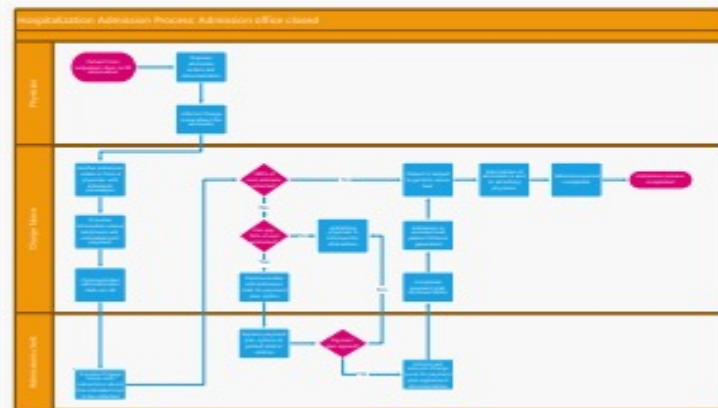
## Current State



## Target State



## Target State (Continued)



## Gap analysis

- Providers occasionally bypass the admission process and patients receive treatment prior to financial arrangements being made.
- Hospital nurse does not verify that financial arrangements have been made.
- No admissions clerk/space identified to process all admissions without exception

## Solutions

- Cashier to be the admission clerk
- Meet with key stakeholders to identify additional gaps in process and educate on target process Bring awareness to all physicians with admitting privileges about admissions process
- A patient ID wristband will be issued only after financial arrangements have been made
- Educate nurses that only patients with a wristband will be taken to the hospital wards for admission.
- Laminate and display in strategic locations the Hospital admission process flowchart.

## Rapid Experiments

- Meet with physicians, front desk staff and operating room staff.
- Gather data of non urgent admissions done without financial arrangements after communicating the admission process to stakeholders.

## Implementation plan

| Task  | Lead               | Due date         | Complete |
|---|--------------------|------------------|----------|
| Meet with physicians and front desk staff                 | Mr. Adan Sosa      | 30th August 2023 | ✓        |
| Register information of all admissions and financial data | Ms Yuridia Jimenez | Ongoing          |          |
| Analyze data entered by billing officer to update graphs  | Dr. Marvin Camal   | Ongoing          |          |

## Confirmed State



## Insights

- Creating a flowchart was very helpful in identifying where the current problems lie.
- This project reinforced the importance of gathering feedback from key stakeholders in a face-to-face meeting who can provide valuable insight into weaknesses in the current process and propose workable solutions.
- Through seeking feedback we can increase buy-in from those involved and this improves adherence to the target process.



# KANYE ADVENTIST HOSPITAL(KAH)

## QUALITY IMPROVEMENT PROJECT POSTER

### TITLE: IMPROVING DOCUMENTATION ON A & E TRIAGE FORM

PRINCIPAL CONTRIBUTORS: 1. DR B TOMBS, 2. M. MATSOGA, A MOTLHAJOE, 3. L. MANGIWANE, 4. N SEFETENG 5. P. POINTSHO  
 CONTRIBUTOR AFFILIATIONS: CEO, PNO 1, PNO 2 , CRN, PRN



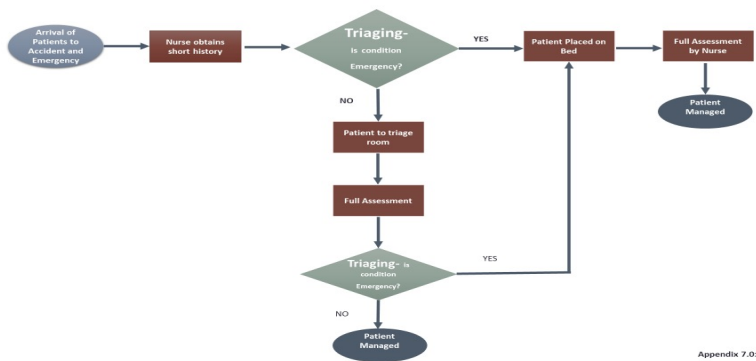
## THE PROBLEM STATEMENT

Despite all the measures that are being implemented to document on Accident and Emergency triage form, we still have incomplete documentation of some variables, as evidenced by a score of 36% (2022) during triage form Audit versus the target of 100%  
 Incomplete documentation can result in inappropriate medical decisions, loss of valuable information, increased workload and reducing system efficiency, poor patient outcomes, lack of data for quality improvement and program evaluation, continuity and research. Incomplete documentation can also lead to compromised legal and practice standards which are meant to protect client, institution and practitioner.

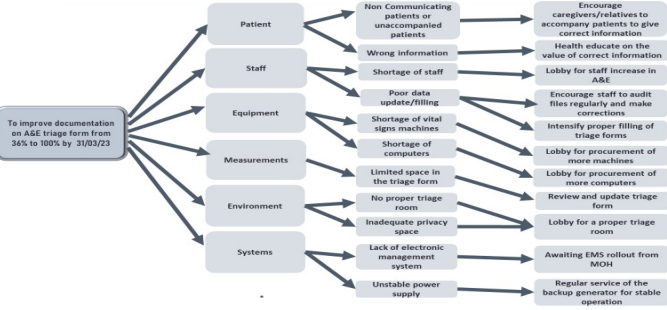
## AIM (TARGET)

To improve documentation of A&E triage form from 36% to 100% by March 2023 at KAH.

## GRAPH OR FLOW MAP OF PRESENT STATE



## CHANGE IDEA GENERATION



### Appendix 7.0: PRIORITIZATION MATRIX

Note - Rank change ideas based on following criteria:  
 • Importance Scale 1 = 5; 1 (Least) - 5 (Most) important  
 • Ease of Implementation Scale 1 = 5; 1 (Hardest) - 5 (Easiest) to implement

| SER | CHANGE IDEA                                 | IMPORTANCE (1 - 5) | EASE OF IMPLEMENTATION (1 - 5) | COMMENT |
|-----|---|--------------------|--------------------------------|---------|
| A   | Staff motivation                            | 5                  | 2                              | 10      |
| B   | Intensify on proper filling of triage forms | 5                  | 4                              | 20      |
| C   | Lobby for EMS                               | 5                  | 1                              | 5       |
| D   | Health Education                            | 5                  | 5                              | 25      |
| E   | Strengthen monthly and system audits        | 5                  | 2                              | 10      |



## PLAN, DO, STUDY, ACT CYCLE (PDSA)

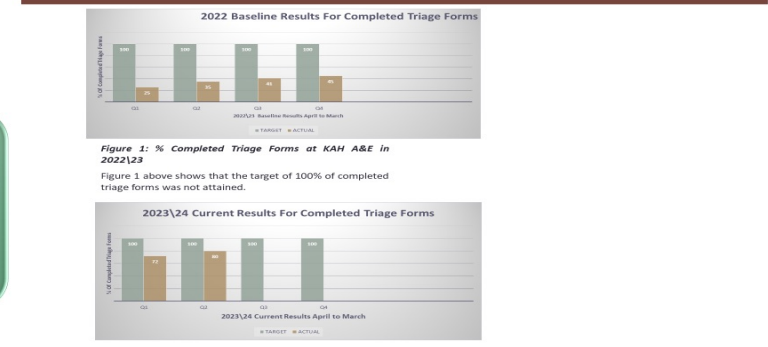
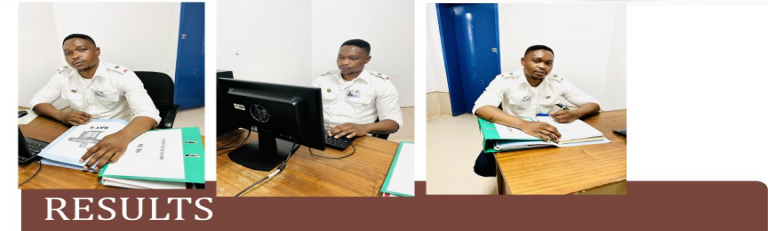
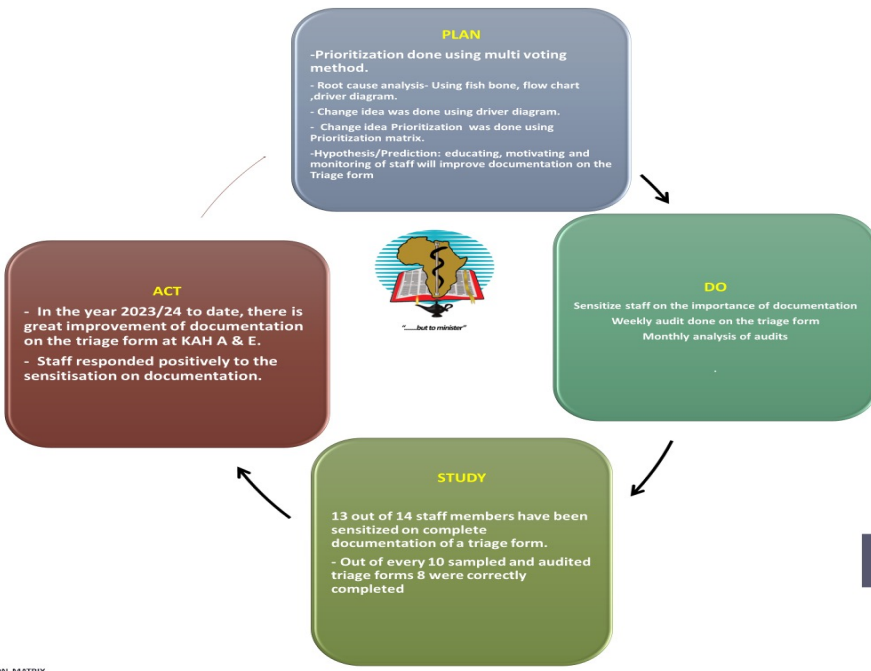
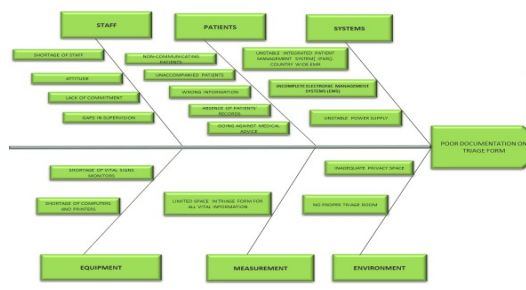


Figure 1: % Completed Triage Forms at KAH A&E in 2022/23  
 Figure 2 above shows that the target of 100% of completed triage forms was not attained.  
 Figure 2: % audited variables at KAH A&E after implementation of the change idea.  
 Figure 2 above shows improvement of audited variables at KAH A&E post implementation of change ideas.

## SUMMARY

- Lessons Learned:
  - There is great improvement of documentation on triage form.
  - Improved management of patient data systems.
  - Improvement in accuracy of diagnosis of patient.
- Impact on Quality of service:
  - Improved A&E triage form documentation has brought proper diagnosis and management of clients at KAH.
  - Resulted in improvement of patients prioritization and improved patient outcomes and safety.
  - Proper coordination of work flow and reduced customer complaints.
  - Client, family and community are able to understand the importance of providing information in the triage form, therefore has resulted in reduced customer complaints.
- Challenges:
  - Shortage of staff
  - Outdated EMR systems
  - Lack of proper triage room
  - Inadequate vital signs equipment

## FISH BONE DIAGRAM:



## FUTURE STEPS / WHAT'S NEXT?

- Way forward:
  - Continue with triage form audits.
  - Continue involving caregivers when collecting data.
  - Lobby for more staff.
- Commitment:
  - We commit to continue maintaining the standard of documenting accurately in triage form.
- ACRONYMS:
  - KAH- Kanye Adventist Hospital
  - A&E- Accident& Emergency
  - MOH- Ministry Of Health
  - EMRs- Electronic Medical Records System





2023

# Pre-ordering Surgical Supplies : Improving Patient experience

Dr. Sujan Raj Paudel<sup>1</sup>, Dr. Angela Basnet<sup>2</sup>, Dr. Hector Gayares Jr<sup>3</sup>  
 1. Director of surgical services, SMAH; 2. Vice President for Medical Affairs, SMAH; 3. Chief Executive Officer SMAH



## THE PROBLEM

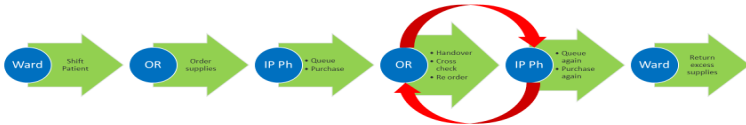
- Surgical supplies are ordered after patients arrive in the preoperative room.
- The surgical supplies pack requires large number of items. So it takes a lot of time for the pharmacists to prepare the bills and pack the supplies.
- There is already a long queue of patients in the inpatient pharmacy to purchase daily supplies for the inpatients, and also to purchase medicines as per discharge prescriptions.
- Increased waiting times for patients. Increased risk of dispensing errors. Poor relationship between pharmacist, patient parties and theatre staff.
- Patients visitors have to move to and fro ( from Operation Theatre to inpatient pharmacy ) multiple times during the duration of surgery to receive correct supplies. Return of excess supplies.

## AIM

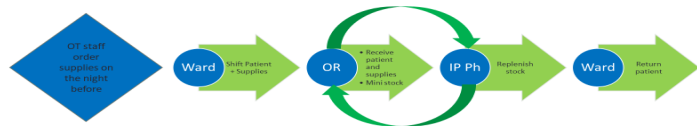
To improve patient experience on the day of surgery by:

- Starting surgery early
- Improve theatre utilization rate

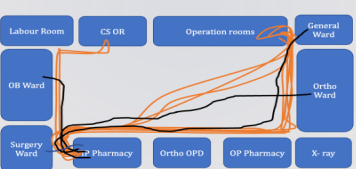
## FLOW MAP OF PRESENT STATE



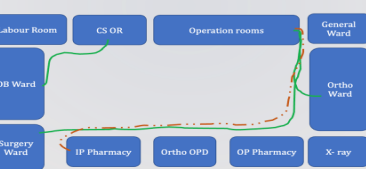
## FLOW MAP OF FUTURE STATE



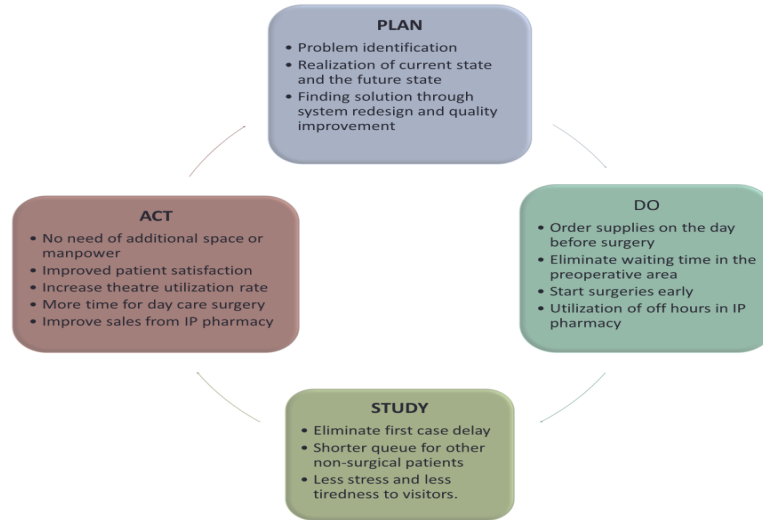
### SPAGHETTI DIAGRAM OF CURRENT STATE



### SPAGHETTI DIAGRAM OF FUTURE STATE



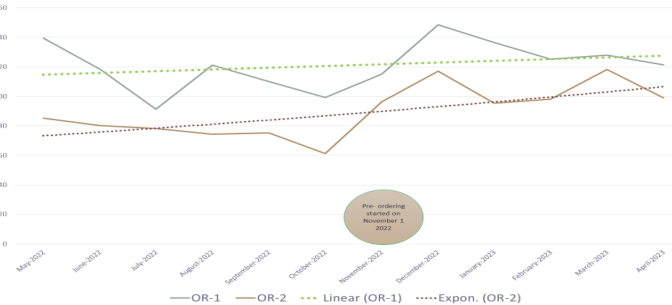
## PLAN DO ACT STUDY CYCLE



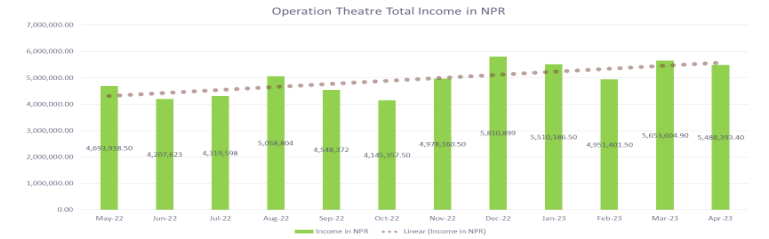
## DATA

- After initiation of preordering in early November, the starting time for the first case in each room has been fixed at 8:30 AM.
- Theatre utilization rate for major operation rooms has improved by 23.29 percent.
  - OR 1 : Improved by 14.02%
  - OR 2: Improved by 37.21%

THEATER UTILIZATION RATE (Hours per month)



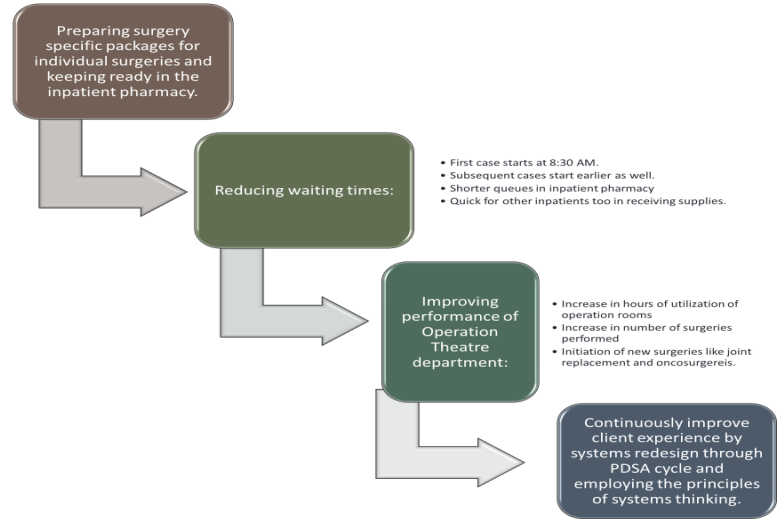
## RESULTS



## SUMMARY

- Ordering surgical supplies from the theatre itself was causing delays in starting the first case and underutilization of operation theatre.
- Patient's visitors to and fro movement between operation room and inpatient pharmacy added more stress and gave them a bitter experience.
- After initiation of preordering of the surgical supplies one day before the planned date of surgery, the patient party's movement has reduced.
- Inpatient pharmacy queues have shortened.
- Operation theatre utilization and revenue generated has improved.

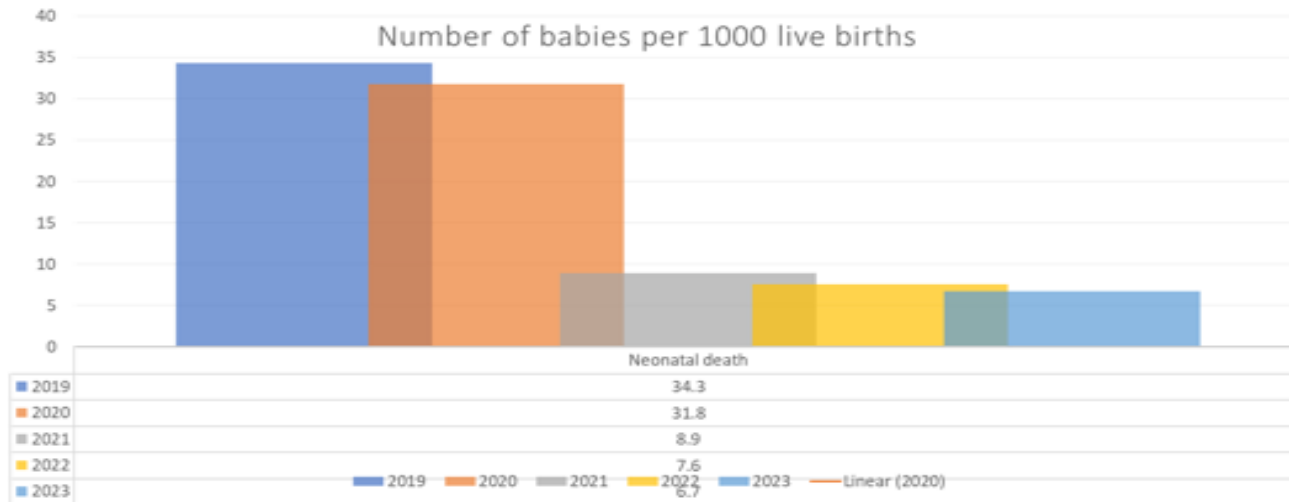
## FUTURE STEPS/ WHAT'S NEXT?





## RESULTS

11



## FUTURE PROSPECTS.

13

- Expand our NICU and paediatric wards
- Qualified neonatal nurses
- Have a neonatologist
- Recruit a paediatric surgeon



## Lessons learnt

14

- TBAs have a close bond with their clients.
- In order to solve the TBA challenge we need to them to be integrated in the hospital care system as linkage facilitators.
- NICU clinics and follow up and community engagements help to reduce on bad cultural practices especially in the new couples.
- Positive attitude is key to change.
- Celebrating every small success is a strong motivator.
- We have learnt that indeed neonatal mortality is not a lion but just a hyena.
- Improvement in one department improves other associated departments too. Maternal mortality has greatly reduced, mortality below 5 has also greatly reduced.

## Current status

12

- 90% of the babies are NICU services:
- We still refer babies with severe congenital anomalies.
- We have successfully managed prematures of 26 weeks and above.
- Neonatal mortality rate has reduced to 6.7 babies per 1000 live births
- Full time paediatrician with a whole dedicated team on paediatric and NICU wa
- Continuous professional development in NICU care.

## ACKNOWLEDGEMENT

15

- Mr Noble for funding lower health and community engagement and TBAs incorporation as linkage facilitators.
- Health for Uganda for equipping NICU with patients monitor, pulse oximeter, incubator, baby warmer, oxygen concentrators.
- Health for Uganda offering the first Neonatal care skills training led by DR Duncan and Ms Laura Bautler.
- Absolute charity Uganda for equipping NICU with an incubator, radiant warmer, phototherapy machine.
- Dr Joudy Cousins for an infusion pump.
- Dr Kajoba Dickson for CPAP machine.
- Maristopes Uganda for CQI mentorships.
- Government of Uganda for support supervision in CQI, MDPSR and Immunisation.
- Hospital staff and management.





# MWAMI ADVENTIST HOSPITAL - IMPROVING THE QUALITY OF NEONATAL CARE AND REDUCING NEONATAL DEATHS AND FRESH STILL BIRTHS IN OBSTETRICS WARD



[Sing`ombe Isaac – Nursing and Midwifery College Director, George Siamuzoka - Hospital Administrator; Ronilo Ang - Chief of Medical Staff, Gift Chimya Mulenga Sing`ombe - Nursing Services Director, Jane Simwanza - Labour Ward In-charge]

## THE PROBLEM

Mwami Adventist Hospital is situated 30 km from Chipata City, in the rural area. The hospital has a catchment population of more than 100,000. The health care services provided at Mwami Hospital include the following: Maternal and Child Health, Obstetrics, Medical, Surgical, Radiology, Laboratory, Physiotherapy, Pharmacy, Dental, ENT, ART, and Eye services. The hospital has also in-house clinics such as: Men's clinic, Cervical cancer clinic, ART clinic and Eye clinic. Over the past 3 years the hospital observed an increase in the number of neonatal deaths in the obstetrics or labour ward. Some of the reasons for these deaths could be attributed to: lack of equipment, inadequate doctors and midwives, mothers coming late for delivery, inadequate knowledge in resuscitation, stock out of drugs, medical and surgical supplies, and no independent neonatal unit. The table below shows the number of deliveries and neonatal deaths for a period of 3 and half years.

|                       | 2020 | 2021 | 2022 | JAN – JULY 2023 |
|-----------------------|------|------|------|-----------------|
| Normal Deliveries     | 1444 | 1638 | 1393 | 670             |
| Caesarian Section     | 396  | 297  | 294  | 229             |
| Assisted Deliveries   | 74   | 120  | 90   | 57              |
| Total Deliveries      | 1904 | 2055 | 1777 | 956             |
| Maternal Deliveries   | 1    | 1    | 2    | 0               |
| Neonatal deaths       | 24   | 35   | 25   | 1               |
| Fresh Still Birth     | 19   | 23   | 11   | 2               |
| Macerated Still Birth | 12   | 12   | 9    | 6               |

Sub-Saharan Africa has the highest neonatal mortality rate in the world (27 deaths per 1000 live births) with 43% of global newborn deaths. In 2021, neonatal mortality rate for Zambia was 24.6 deaths per 1,000 live births. The infant mortality rate for Zambia in 2022 was 40.606 deaths per 1000 live births. WHO recommends, 12 or fewer third trimester (late) stillbirths per 1,000 total and 10 neonatal deaths per 1,000 live births by 2030.

The number of neonatal deaths and still births are as follows: 2020 (55), 2021 (70), and 2022 (45) for Mwami Hospital. The numbers of neonatal and still births were high as compared to WHO standards and it is for these reasons that measures were put in place to reduce the numbers and improve neonatal care in the obstetrics or labour ward starting the year 2023.



## AIM

To reduce the number of neonatal deaths and improve neonatal care within six (6) months of implementing the agreed action points in maternity or obstetrics ward.

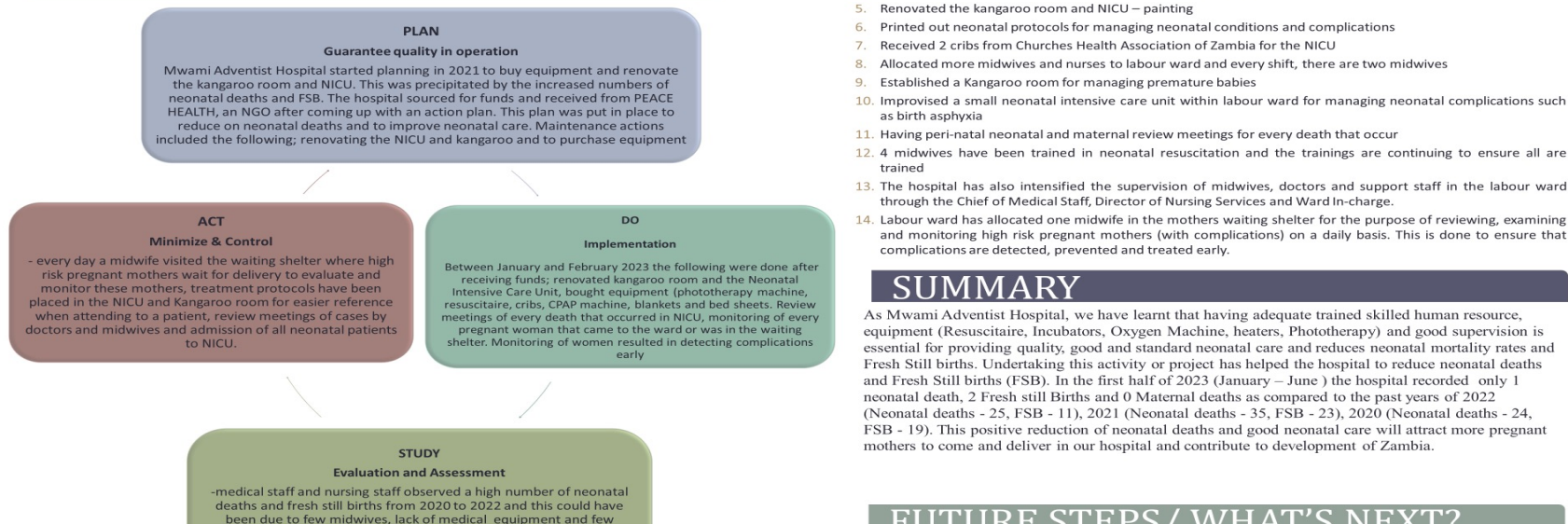
## RENOVATED KANGAROO ROOM



## RENOVATED NEONATAL INTENSIVE CARE UNIT WITH RESUSCITAIRE, INCUBATOR, PHOTOTHERAPY, CRIBS AND CPAP MACHINE



## PLAN DO ACT STUDY CYCLE



## DATA

FIGURE 1: SHOWING MWAMI ADVENTIST HOSPITAL LABOUR WARD DELIVERIES FROM 2020 TO 2023

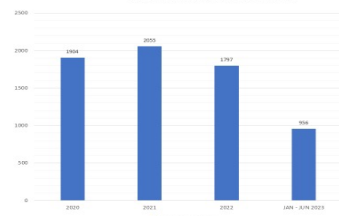
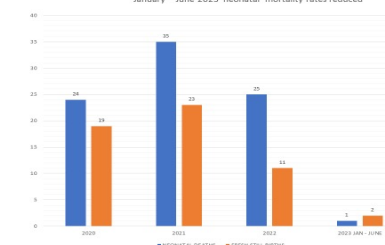


FIGURE 2: SHOWING MWAMI ADVENTIST HOSPITAL NUMBER OF NEONATAL DEATHS AND FRESH STILL BIRTHS - 2020-2023. From January – June 2023 neonatal mortality rates reduced



## RESULTS

Mwami Adventist Hospital recorded a total number of deliveries (normal deliveries, caesarian sections, assisted deliveries 2020 to 2022) as follows: 2020; 1,904 deliveries, 2021; 2,055 deliveries, 2022; 1,777 deliveries, January to June 2023 has recorded 956 deliveries. The number of neonatal deaths and still births are as follows; 2020 (55), 2021 (70), and 2022 (45). For January to June 2023, the hospital has recorded 0 maternal deaths, 1 neonatal deaths, 2 still births and 6 macerated still births. In 2022 the number of neonatal deaths and still births was 45 and 2021 was 70 and comparing to half of 2023 the number is 1 neonatal deaths and 2 Fresh Still Births. This shows that they is a reduction in neonatal deaths and still births in comparison with the previous or past years.

The hospital has managed to reduce the number of neonatal deaths, still births and recorded no maternal deaths in the 6 months of 2023. Mwami Adventist Hospital management managed to do the following to improve neonatal care and reduce neonatal deaths and still births in the labour ward;

- Bought 2 phototherapy machines through partners (Peace Health)
- Bought 1 resuscitator through partners (SIDA)
- Bought 3 heaters through partners (Peace Health)
- Bought CPAP machine for the NICU through partners (Peace Health)
- Renovated the kangaroo room and NICU – painting
- Printed out neonatal protocols for managing neonatal conditions and complications
- Received 2 cribs from Churches Health Association of Zambia for the NICU
- Allocated more midwives and nurses to labour ward and every shift, there are two midwives
- Established a Kangaroo room for managing premature babies
- Improved a small neonatal intensive care unit within labour ward for managing neonatal complications such as birth asphyxia
- Having peri-natal neonatal and maternal review meetings for every death that occur
- 4 midwives have been trained in neonatal resuscitation and the trainings are continuing to ensure all are trained
- The hospital has also intensified the supervision of midwives, doctors and support staff in the labour ward through the Chief of Medical Staff, Director of Nursing Services and Ward In-charge.
- Labour ward has allocated one midwife in the mothers waiting shelter for the purpose of reviewing, examining and monitoring high risk pregnant mothers (with complications) on a daily basis. This is done to ensure that complications are detected, prevented and treated early.

## SUMMARY

As Mwami Adventist Hospital, we have learnt that having adequate trained skilled human resource, equipment (Resuscitator, Incubators, Oxygen Machine, heaters, Phototherapy) and good supervision is essential for providing quality, good and standard neonatal care and reduces neonatal mortality rates and Fresh Still Births. Undertaking this activity or project has helped the hospital to reduce neonatal deaths and Fresh Still Births (FSB). In the first half of 2023 (January – June) the hospital recorded only 1 neonatal death, 2 Fresh still Births and 0 Maternal deaths as compared to the past years of 2022 (Neonatal deaths - 25, FSB - 11), 2021 (Neonatal deaths - 35, FSB - 23), 2020 (Neonatal deaths - 24, FSB - 19). This positive reduction of neonatal deaths and good neonatal care will attract more pregnant mothers to come and deliver in our hospital and contribute to development of Zambia.

## FUTURE STEPS / WHAT'S NEXT?

# Printing Your Poster

- A hospital can take the “.ppt” framework for an “A-3” and fill in each box – and then email this as a PowerPoint presentation to GHI for viewing by your peers
- If your hospital does not have a printer that is large enough to print a poster of 91 cm by 371 cm (or 36 by 28 inches):
  - A Hospital can also take the 9 boxes of an A-3 and make each box a page (regular size) and then tack the 9 pages (boxes) on a bulletin board to show the story of how this QI project developed