

METAS ADVENTIST HOSPITAL

EMPLOYEE AND PATIENT WELLNESS PROGRAMS

OBJECTIVES

- To improve health of employees and patients
- To maintain positive organizational culture
- To implement successful wellness programs
- To reduce the frequency of work injuries

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BENEFITS

EMPLOYEE

- Better company culture
- Enhances emotional well-being
- Higher job satisfaction
- Increases employee health & fitness

PATIENT

- Regular health counseling
- Social support
- Regular screenings
- Reduce health costs

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PROGRAM AREAS

- Health Care
- Nutrition
- Spiritual Wellbeing
- Lifestyle Activities

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PROGRAM AREAS

- Educational Programs
- Health Counseling
- World Health Day Activities
- Interactive workshops

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PATIENT ACTIVITIES

- Free Eye Surgeries
- Health Counseling
- Health Education
- Interactive Sessions
- Health Checkup Packages
- Free Health Checkup
- Gospel
- Rehabilitation Activities

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EMPLOYEE ACTIVITIES

- Walking Challenges
- Wellness Team
- Health & Wellness Incentives
- Water Challenges
- Flexible Working Hours
- Health Insurance Policy

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METAS ADVENTIST HOSPITAL EMPLOYEE ACTIVITIES

Employee Interactive Sessions



Healthy Life style Activities



Employee Indoor Activities



Group Outings



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METAS ADVENTIST HOSPITAL EMPLOYEE ACTIVITIES

Employee Conferences



Marathon Activities



Cooking Challenges



Employee Diversional Activities



Annual Health Checkups



8

METAS ADVENTIST HOSPITAL World Health Day Celebrations

Physiotherapy Day



World Heart Day



Organ Donation Day



Pharmacy Day



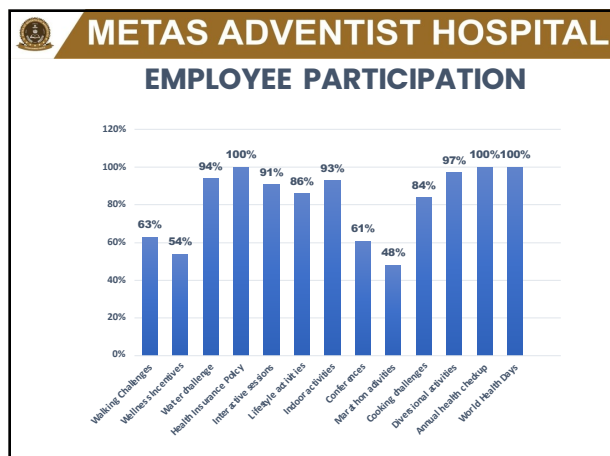
Doctors Day



Blood Donation Day



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METAS ADVENTIST HOSPITAL PATIENT PARTICIPATION January – September 2023

Free Health check-up

90%

Spiritual gospel

93%

Health checkup

76%

Health education counselling

86%

Interactive sessions

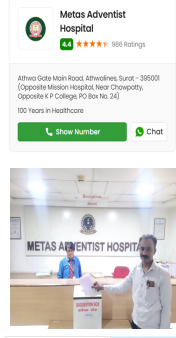
63%

Rehabilitation activities

51%

11

METAS ADVENTIST HOSPITAL PATIENT FEEDBACK



Google Reviews

KAJESH
Reviews, 0 follower
21 Sep 2023

★★★★★

The hospital facilities are good doctors and nurses are efficient. I have been visiting this hospital since 2004.

Helpful Comment Share

Priya Rajkumar
Reviews, 0 follower
18 Sep 2023

★★★★★

We and my family value the quality services offered by the staff of Metas. I appreciate their commitment and sensitivity to patients and their needs.

Helpful Comment Share

Abid Salyed
Reviews, 0 follower
17 Sep 2023

★★★★★

It was great experience with the whole staff and technician. The facilities and staff's behavior is so friendly.

Helpful Comment Share

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